

Care Alliance Ireland

**A Company Limited by Guarantee
and not having a Share Capital**

Directors' Report and Financial Statements

for the year ended 31 December 2018

Registered Company Number: 461315

CHY Number: 14644

Charity Registration No.: 20048303

**84 Northumberland Road
Ballsbridge
Dublin 4**

**Duignan Carthy O'Neill Limited
Chartered Accountants
Registered Auditors**

Care Alliance Ireland

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Care Alliance Ireland

Care Alliance Ireland

1. Legal and Administration Details

BOARD OF DIRECTORS	Donal McKenna Barbara Barrett Hazel Mulligan Fergus O'Rourke Deirdre Shanagher Rosemary Daynes Ann Walsh Phil Dunne Annie Dillon	(Chairperson)
SECRETARY	Rosemary Daynes	
REGISTERED OFFICE	Care Alliance Ireland Coleraine House Coleraine Street Dublin 7	
EXECUTIVE DIRECTOR	Liam O'Sullivan	
BOARD COMMITTEES	Fergus O'Rourke Deirdre Shanagher Hazel Mulligan Donal McKenna Annie Dillon Phil Dunne Rosemary Daynes	(Chair - Audit and Risk Committee) (Chair - Research Committee) (Audit and Risk Committee) (Audit and Risk Committee, Strategic Plan Committee (appointed 6th March 2018)) (Research Committee) (Strategic Plan Committee (appointed 6th March 2018)) (Strategic Plan Committee (appointed 6th March 2018))

Care Alliance Ireland
Care Alliance Ireland

1. Legal and Administration Details (Contd...)

REGISTERED COMPANY **NUMBER** 461315

CHY NUMBER 14644

CHARITY REGISTRATION NO: 20048303

AUDITORS Duignan Carthy O'Neill Limited
Chartered Accountants
Registered Auditors
84 Northumberland Road
Dublin 4

PRINCIPAL BANKERS Allied Irish Bank
Capel Street
Dublin 1

SOLICITORS None Appointed

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2018

Chairperson's Statement

On behalf of the Board of Directors it gives me great pleasure to present this Chairperson's Statement. Once again, the year 2018 saw continued growth in the activities of Care Alliance Ireland. We continually reach more organisations and individuals than in previous years. We are honoured and delighted to continue to support the organisations around the country who assist Ireland's 360,000 family carers. We also continue to support researchers, students, the media and the general public through our booklets and thought-provoking discussion papers in relation to family carers and the challenges that they often face on a daily basis. In 2018 we made a large number of submissions to a range of relevant bodies, and secured new funds to begin exciting new initiatives in 2019. Our websites continue to be a source of information for those involved either in caring or in supporting such carers. We welcomed two new partners to the 12th Annual Carers Week, namely the Central Remedial Clinic (CRC) and Spina Bifida and Hydrocephalus Ireland. We also welcomed three new members to our alliance, St. Luke's Community Dementia, Jack and Jill, and 22q11 Ireland.

Good governance is always one of the factors affecting the long-term success of any organisation and Care Alliance was honoured, for the third year in a row, to be the recipient in our category of the Good Governance Award. The Board acknowledges the enormous work carried out by Liam O'Sullivan and the staff of Care Alliance in this great hat-trick achievement.

In October, Care Alliance Ireland published a report on the shortcomings of public provision of home care. The report was covered extensively in the Dáil and by the media. Once again, Care Alliance was punching above its weight with the quality of the report and the analysis therein.

We acknowledge and are grateful for the funding that we receive which supports our continued work in policy, research, advocacy and training; however, we stress the need for increases in funding to continue to deliver to our member organisations and other stakeholders, so that they can continue to work to support frontline family carers. We are also coming to the end of three-year funding under the Scheme to Support National Community and Voluntary Organisations and the continuation of this funding will allow us to expand our delivery of real impact and outcomes.

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

Going forward we will build on the successes of 2018 and look forward to serving the needs of carers and the organisations who support them in the value they create in our communities and for our neighbours and loved ones. I would like to thank each of our member organisations for their support and feedback and I look forward to meeting more of them in the coming year. Finally, I would like to thank my wonderful fellow board members and the brilliant staff of Care Alliance for their all-round professionalism and dedication.

Donal McKenna, Chairperson

03/03/2019

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2018

Directors' Report

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31 December 2018. The Directors confirm that the annual report and financial statements comply with the current statutory requirements, the requirements of our governing documents and the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102).

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

Objectives, Activities, Achievements and Performance

Vision: That the role of Family Carers is fully recognised and valued by society in Ireland.

Mission Statement: Care Alliance Ireland exists to enhance the quality of life for Family Carers. We achieve this by supporting our member organisations in their direct work with Family Carers through the provision of information, developing research and policy, sharing resources, and instigating opportunities for collaboration.

The main objective of Care Alliance Ireland as set out in our Constitution is to provide support, education, training, research and dissemination of information to community, charitable and voluntary organisations that currently support or are seeking to support family carers. The Constitution also sets out a number of supporting objectives: to coordinate a national network of charitable organisations supporting family carers; to support organisations in their direct work of supporting family carers all over Ireland; to carry out research relating to family carers; to promote interagency collaboration; to make use of social media fora to engage with and support family carers and those who support them.

We achieve these objectives by supporting our charitable member organisations and other organisations in their direct work with family carers through the provision of information, development of research and policy, sharing of resources, and instigation of opportunities for collaboration.

We endeavour to reflect the core values of professionalism, transparency, collaboration and integrity in all our activities. We pay particular attention to the quality of our publications and how we communicate externally to our stakeholders, and are committed to full transparency in our operations and governance.

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

Achievements and Performance in 2018 in Meeting Objectives



Guiding support for family carers

About Us

 Bridging the Gap between Research Policy and Practice	 Striving for Higher Quality Family Carer Supports	 Informing Family Carer Policy through Submissions	 Collaborative Approach	 Based in The Carmichael Centre	 Innovators in Online Carer Supports
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Winners of Good Governance Award 2016, 2017, 2018

 85+ members	 Regular Peer-Reviewed Publications	 International Reach - Eurocarers, IACO	 Part-funded by the HSE and Department of Rural and Community Development	 Nominating Rights to Seanad Éireann	 Significant Social Media Activities
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Led by Experienced Team with Social Work and Social Research Qualifications

 Fully SORP Compliant (Gold Standard in Financial Reporting)	 Driving the Family Carer Research Agenda	 Coordination of Annual National Carers Week (June)	 Five Priorities for Strategic Plan 2019 - 2024 <ul style="list-style-type: none">• Work with member organisations and other stakeholders• Bring cohesion to the family carer sector• Provide up-to-date relevant information• Drive the research agenda on family caring• Resourcing and governance
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www.carealliance.ie

www.carersweek.ie

www.familycarertraining.com

Guiding Values: Professionalism - Integrity - Collaborative Approach - Accountability

Contact us about Family Carer Policy and Practice Issues

Care Alliance Ireland
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CHY No: 14944
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Company No: 461315

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Twitter: @CareAllianceIr
Facebook: @NationalCarersWeek

Care Alliance Ireland

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For the year ended 31 December 2018

There are approximately 360,000 family carers in the Republic of Ireland. Family carer support is provided by a number of organisations, including those dedicated solely to carer support and others who support carers as part of their suite of services to individuals with specific conditions and their families.

Family caring is a key aspect of social capital. With an ageing population profile together with increased life expectancy and medical advances, the need for family carers and for organisations that support them will continue to increase into the future.

2018 was another highly successful and impactful year for Care Alliance Ireland. Our activities and annual work plan are informed by our Strategic Plan. During 2018 we appointed a sub-committee of the Board to begin the process of reviewing and developing a new Strategic Plan. An independent consultant was appointed to undertake extensive consultation with a range of stakeholders and most importantly with our member organisations. The direction and scope of the new plan has been informed most significantly by the feedback received and by the resourcing available. We will publish the new Strategic Plan in May 2019.

A work plan is prepared annually and approved by the Board. Just over 70% (20/28) of organisational Key Performance Indicators (KPIs) were met or exceeded in 2018, a higher level than that achieved in 2017. KPIs are only one measurement tool and this is why for several years we have been making use of written feedback from a range of stakeholders to document how our work makes a difference.

We exceeded our goals in the areas of submissions; unique users to our three websites; seminars; social media; and balancing our budget. We did not reach some of our goals in the areas of additional funding, CEO member engagement, downloads from our website, size of our listserv/database, new applications for membership and meetings of the Family Carer Research Group. For 2019, we have already exceeded our goal in new funding, are confident of delivering a solid

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

number of discussion papers and high-quality submissions, and have developed new collaborations.

While we report a modest surplus in 2018, in the absence of receipt of material levels of unrestricted funding and/or public fundraising activities, further increasing the level of our reserves will remain challenging.

Collaboration can be time consuming and challenging to do well, and it can be difficult to persuade others of its tangible benefits. Care Alliance Ireland continues to believe passionately in meaningful collaboration and will continue to engage with a wide range of stakeholders. In late 2018 for example we secured funds to deliver a new online dementia carer support intervention in collaboration with the Alzheimer Society of Ireland and the University of Indiana.

We seek to engage with partners by focusing on relationship and trust building and by seeking to demonstrate added value in all that we do.

During 2018 we reached more people than ever, through: our coordination of the 12th National Carers Week; our 12 submissions to a range of state bodies; the publication of discussion papers and briefing documents; our assessment of HSE quarterly performance reports; our quarterly newsletters and the presentation of six papers at conferences; the publication of a new resource for former family carers; participation in seven separate collaborative fora; our work with colleagues across Europe to improve the knowledge of Young Carer support programmes; and through being innovative and ambitious in our use of social media platforms.

Care Alliance Ireland
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The twelfth National Carers Week took place from 11 to 17 June 2018

We continued our work with two leading third-level institutions and developed new relationships with others. We are continuing to see real positive developments in how family carer research is commissioned, practised and disseminated. We won, for the third year in a row, the Good Governance Awards, and continue to encourage the wider non-governmental (NGO) sector to strive to do better in this area.

Care Alliance Ireland

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Budget 2019 is delivering some real gains for family carers and enhanced provision of home care in 2019 is promised. It is heartening to see delivery on commitments made by government in the area of GP visit cards for those in receipt of Carer's Allowance, but frustrating to see the slow progress in the move towards a statutory basis for home care. We believe that our activities have made some contribution to the realisation of these improvements.

Measuring the impact of an organisation's activities is difficult. Organisations can be busy doing numerous things, but translating these into real impact and outcomes is notoriously difficult. We continuously seek to have a greater focus on demonstrable impacts rather than simply on activities or numbers. We attempt to detail these impacts in this annual report.

Following on from our securing of nominating rights to Seanad Éireann in 2017, in 2018 we used this position to engage more with Senators. We were also invited to appear at the Joint Oireachtas Committee on Health following the publication of our comprehensive briefing paper on home care in October.

We now report on how we achieved our objectives, with reference to our priorities as outlined in our Strategic Plan (2014–2019).

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The plan prioritises the following six areas of action:

1. Providing a united voice for, and strengthening the impact and relevance of family caring organisations in Ireland.
2. Providing up-to-date, relevant information to our members in a timely and accessible manner.
3. Supporting primary and applied research on family caring and the role of family carers.
4. Building the profile and raising awareness of Care Alliance Ireland.
5. Ensuring we have the capacity and resources to progress strategic priorities.
6. Supporting member organisations and international alliances.

Each is dealt with in turn in the following sections.

1. Providing a united voice for, and strengthening the impact and relevance of, family caring organisations in Ireland

- To ensure that we are seen as a significant representative voice for the family carer sector.
- To coordinate policy submissions on issues of relevance to family carers and our member organisations.
- To provide opportunities, by the coordination of meetings, events and workshops, for our members to interact, network and share learning.

We continued to deliver on our representative function in a number of ways in 2018, most significantly through our pre-Budget submissions to government, participation in a number of representative fora (for example, the HSE-led National Patients Forum) and policy-related submissions (for example, the Loneliness Taskforce, the Code of Conduct for Pharmacists and the National Dementia Strategy implementation review).

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

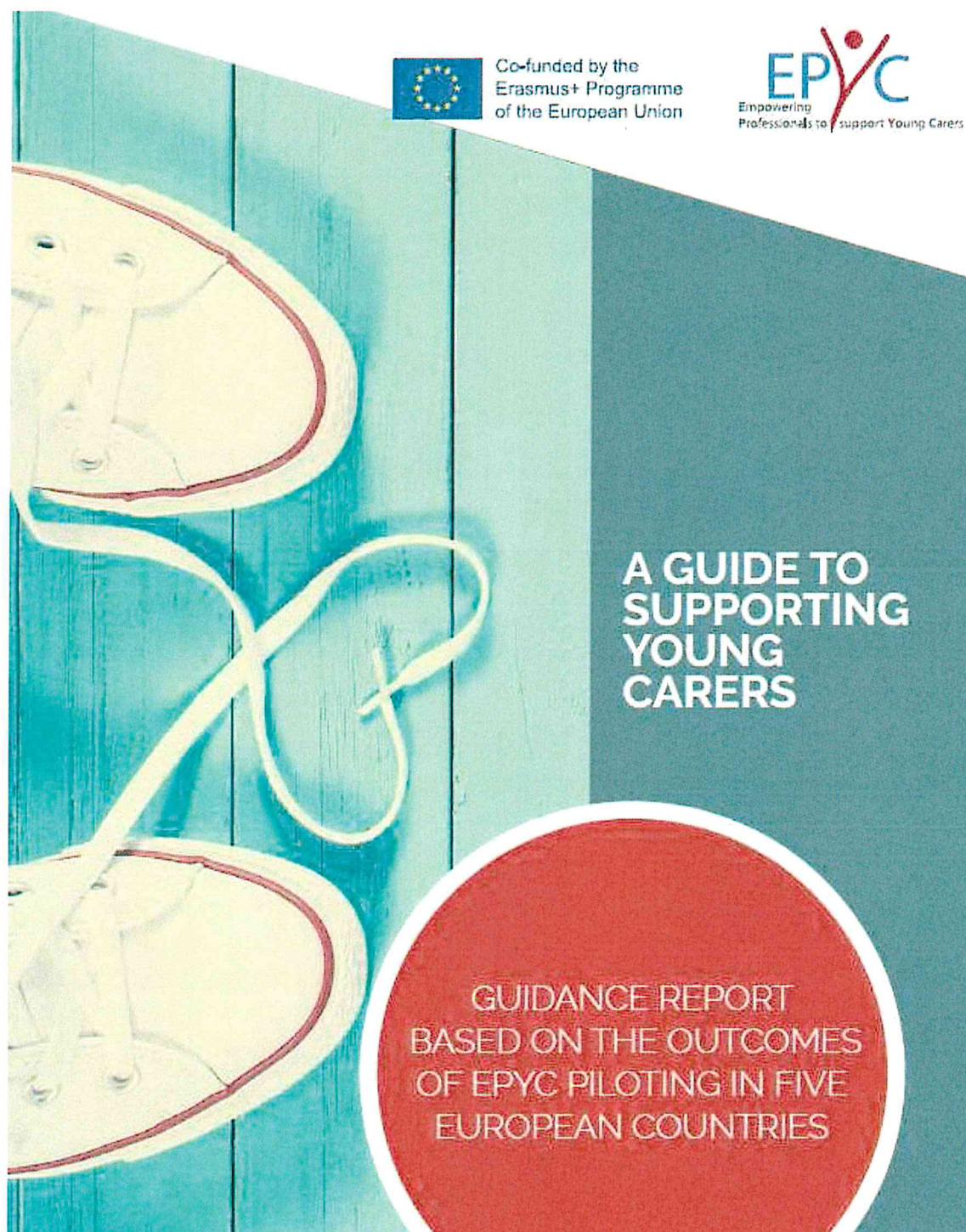
We continued to collaborate with upwards of 20 not-for-profit organisations in pursuit of moving forward the agenda for more accessible home care and a legal right to home care. Progress has been slow but we look forward to working with the Department of Health and the HSE in moving closer to the regulation of, and a statutory basis for, home care. The HSE successfully delivered, in collaboration with both for-profit and not-for-profit home care providers, an additional 600,000 home care hours in 2018 and plans to deliver a similar increase in 2019. The unrelenting nature of our ageing demographics means that these increases are barely keeping up with the increased demand, resulting in continued lengthy waiting lists for accessing home care.



Our Executive Director, Liam O'Sullivan, making a presentation to the Joint Oireachtas Committee on Health, December 2018

We worked hard in 2018 to bring to completion two discrete projects; one in the area of resilience of family carers of people with dementia, and another in the collation of resources to help professionals to support young carers. We also created and disseminated new, innovative, informed and methodologically robust publications. We made use of high-quality designers and proof-readers/editors to support high standards.

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EPYC (Empowering Professionals to support Young Carers) Report, published June 2018

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Other tools and resources

-  www.ep-yc.org
-  www.youngcarers.ie
-  www.familycarers.ie

Young people can be referred to their GP for counselling and support.



Young Carers in Ireland

Look Again, Think Again
Crosscare (2014)

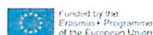
A Study of Young Carers in the Irish Population
Fives, A. et al. (2009). Child and Family Research Centre, NUI Galway.
Published by the Office for the Minister of Children and Youth Affairs

Working with young people with caring responsibilities
(young carers)
Chapter 12 of 'Access All Areas - a Diversity Toolkit for the Youth Work Sector'
published by NYCI and Youthnet

Find out more about EPYC and young carers

epyc@diakonie-stadtmitte.de
www.ep-yc.org
[#epycproject](https://twitter.com/epycproject)

Austrian Red Cross / Diakonisches Werk Berlin Stadtmitte V. /
ANS Anziani e non Solo / Professional Institute Versan Macrelli /
Care Alliance Ireland / Carers Trust Scotland



Published in Ireland by Care Alliance Ireland, 2018



Who are they?
Where are they?
How can we support them?



EPYC (Empowering Professionals to support Young Carers) Flier, published June 2018

Implementation of the 2012 National Carers Strategy by government agencies and other support organisations is continuing. We continued to work on a monitoring group led by Family Carers Ireland and look forward to the creation of a fresh strategy in 2019.

We engaged in ongoing collaborative work with a range of not-for-profit federations and alliances, including the Carmichael Centre for Voluntary Groups, the Disability Federation of Ireland and the Wheel. We also collaborated with a number of HSE personnel from a range of departments/areas.

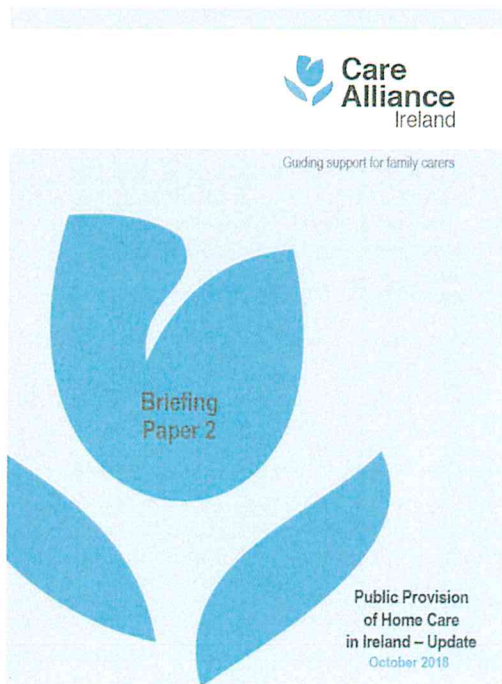
Care Alliance Ireland
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2. Providing up-to-date, relevant information to our members in a timely and accessible manner

- To produce information, including policy and research briefings, that will inform member organisations on issues of relevance.
- To disseminate the latest national and international policy, research and practice initiatives.

In October we published the second of our briefing papers on home care provision. This report generated considerable and sustained media interest and provided us with a platform to raise the potential and profile of quality and accessible home care. It represented part of our efforts at holding our public service providers to account specifically in this area.

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 RTE.ie

Taoiseach says extra health funding must go to patients


3 months ago



 Irish Examiner

6000 elderly people waiting to receive home care support, report says

3 months ago

 Independent.ie

Waiting time for HSE homecare can be more than two years - report

3 months ago



 BreakingNews.ie

6,000 elderly people waiting to receive home care support, report says

3 months ago

Selection of media coverage of Home Care Report – October 2018

Care Alliance Ireland

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We continue to assist researchers, students, the media and the general public with queries in relation to family carers, both by email and telephone. We receive occasional calls from individual family carers and we advise and redirect as appropriate. All member organisations and over 655 other organisations and individuals involved in supporting family carers received regular communications from us, primarily in electronic format, on issues relating to support, practice, policy and research. Following a review of General Data Protection Regulation (GDPR) guidelines we took new steps to ensure full compliance. This did result in a reduction of approximately 10 percent in the size of our database, but this is beginning to increase again as we reach out to new and relevant contacts.

We use a range of electronic communications and social media fora in a measured and focused way to ensure that communication is relevant to members and stakeholders.

Stakeholder Feedback

In response to an email query on how best to support a family carer:

*"Sincere thanks for your prompt and most helpful response
to my query."*

Eileen Finan, Manager, Lus na Gréine, Family Resource Centre

The use of Carer Needs Assessments gives expression to the goal of working with family carers as partners in care. In early 2018, there was an announcement that work would begin in making these assessments a reality for families, through the provision of modest but specific funding for one HSE region. We look forward to working with the relevant personnel in the HSE to support this roll out.

We are also glad to see some modifications being made in the Census 2021 question relating to caring; a pilot of the changes is currently taking place.

For the year ended 31 December 2018

In mid-2018 we migrated our quarterly newsletters to Mailchimp. We also shortened them somewhat. We will review the reach, readership and impact of these in 2019 vis-à-vis the cost and time incurred in preparing them.



Care Alliance Ireland

Exchange

Summer 2018 Issue 59

National Carers Week – 11 – 17 June, 2018

National Carers Week is now in its 12th year, and we look forward to another week of celebrations and recognition of the care provided by Ireland's 360,000 family carers. This year we have two new partners, Spina Bifida Hydrocephalus Ireland and the CRC (Central Remedial Clinic).

Speaking about being a partner in the week and what it means to the CRC, Stephanie Mahahan, CEO said "The CRC is proud to partner with Care Alliance Ireland in celebrating Carer's Week 2018. As one of the largest disability organisations in the country we are indebted to those family carers who give up their time to care for a loved one, and selflessly put someone else's needs above their own. This week is about celebrating our heroes, and recognising the unseen work they are dedicated to."

There are twelve organisations who are partners in the week this year and who will be organising events around the country to acknowledge the valuable work and contribution that family carers make not only to their individual families but to Irish society more widely. Partners this year are: Acquired Brain Injury Ireland, the Alzheimer Society of Ireland, Care Alliance Ireland, the CRC, the Disability Federation of Ireland, Family Carers Ireland, the Irish Cancer Society, the Irish Hospice Foundation, MS Ireland, Special Needs Parents Association, Spina Bifida Hydrocephalus Ireland and St Michael's House.

For details on events being organised or tips on how to organise an event, see www.carers.ie/news or our facebook page www.facebook.com/nationalcarersweek over the coming weeks.

"Guiding Support for Family Carers"

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Welcome to our Winter 2018 edition of *Care Alliance Ireland Exchange*; our quarterly Newsletter for those with an interest in Family Carer issues.

November 2018

Care Alliance Ireland Wins Good Governance Award for the Third Year in a Row

[News](#)

[Research](#)

[Member News](#)

[Governance Corner](#)

[International News](#)

[About Us](#)












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Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

The other most popular downloads from our main website in 2018 were (in order):

Top 10 downloads in 2018 from www.carealliance.ie

The Way Ahead (Booklet for former carers)	3,601
Family Caring in Ireland (2015 Overview Report)	1,230
Irish Government and Health Care Policy on Family Carers/Older People (2011 HSE Report)	818
Family Caring in Ireland (2013 Overview Report)	692
Department of Social Protection payments for family carers (List of Payments)	660
Literature Review on the Relationship between Family Carers and Home Care Support Workers (Care Alliance Nov 2014)	649
Care Alliance 2016 Directors' Report and Annual Financial Statements	630
The Experiences and Needs of Former Family Carers (2010 Research Report)	596
Online Supports for Family Carers (Discussion Paper 3, June 2016)	574
Job Description for Project Assistant: Research and Communications (Feb 2018)	573

(A number of newsletters from 2018 and before feature in the top 10 – with between 617 and 855 downloads respectively).

We undertook an analysis of Budget 2019 within a few days of the Budget regarding the developments affecting family carers. This was shared widely. We continued in 2018 to publish quarterly briefs analysing quarterly HSE Performance Data Reports.

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Directors' Report
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Stakeholder Feedback

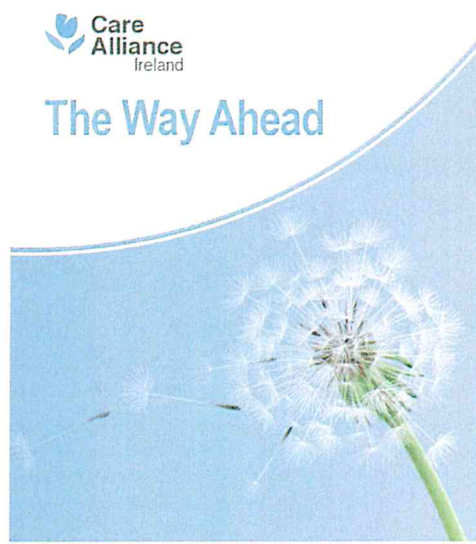
In response to sharing a new research article on Mental Health Family Carers

*"Thanks. I appreciate you sending this on. It's a very well
written review and very pertinent to our service."*

Kerry Cuskelly, Social Work Team Leader, Dublin North Mental Health Service

In March 2018 we published an update to our 2011 booklet for former carers. The booklet, now entitled *The Way Ahead*, was created in collaboration with many stakeholders, including former family carers and by year end almost 2,000 hard copies had been distributed and over 3,600 soft copies downloaded. We are hopeful that we will secure funding for a second print run in 2019.

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A resource to support former family carers



Table of Contents

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Front page and table of contents of The Way Ahead Booklet – published in March 2018

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Stakeholder Feedback

In response to the publication and distribution of *The Way Ahead* Booklet.

"Please may I have some hard copies of this excellent booklet. This will be a wonderful resource for carers and contains a lot of valuable information that healthcare professionals may not know, for example the 12 week rule in relation to the carers allowance. Thank you and congratulations to all the team involved in developing this very worthwhile resource."

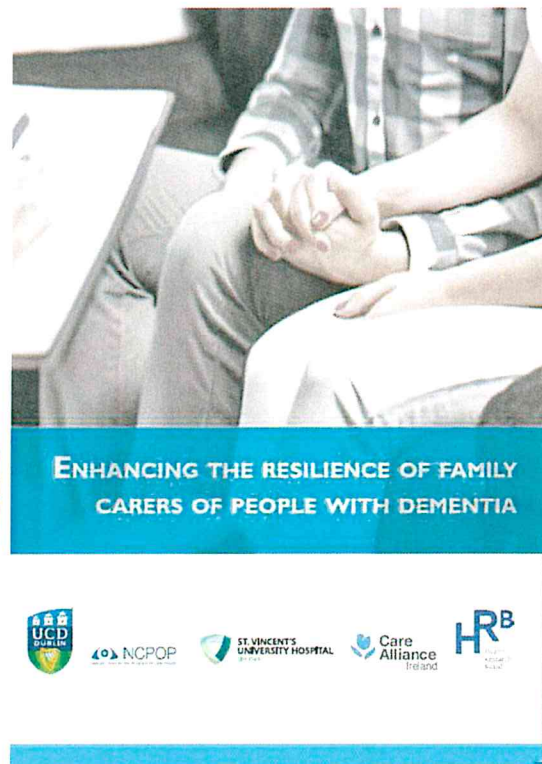
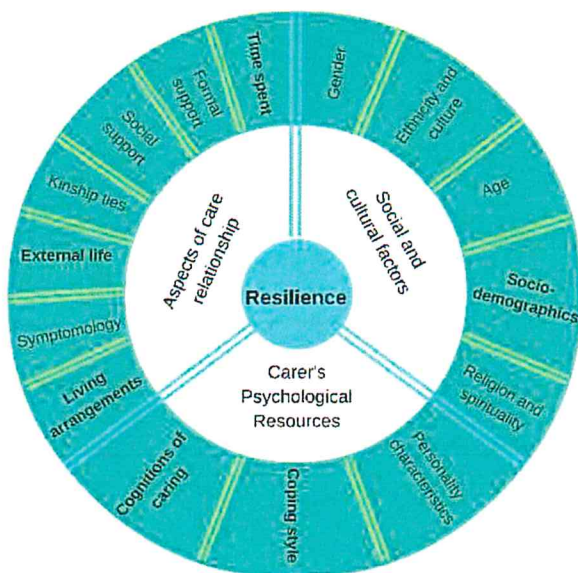
***Carmel O Donnell, Clinical Nurse Specialist Palliative Care, St Conal's Hospital,
Letterkenny University Hospital***

3. Supporting primary and applied research on family caring and the role of family carers

- To communicate and support carer-specific research that informs and progresses policy and service development for family carers.
- To influence the family carer research agenda by collaborating with third-level institutions, statutory bodies and other relevant agencies, both nationally and internationally.

In April 2018 we recruited a Research Assistant to support the work of the Dementia Caregiver Resilience (EnCaRe) research project in collaboration with UCD and others. We delivered six workshops across the country to current and former family carers – sharing the learning about resilience in carers of people with dementia; we will continue to engage with others on this topic in early 2019 and indeed publish a report on the project and submit a paper to the HRB Open Access initiative describing our experience of participant recruitment.

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Working definition of resilience and front cover of booklet for workshop participants – EnCaRe Project

Our Policy and Research Officer continued to be active in a range of areas, most notably in the preparation and publication of a number of discussion documents:

- Discussion Paper 8: Difficult Relationships and Family Care.
- Discussion Paper 9: Family Care and Minority Populations.
- Discussion Paper 10: Rural Family Caring.

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Directors' Report

For the year ended 31 December 2018



Two of the discussion papers published in 2018

Our Policy and Research Officer has also put together a significant collection of research, policy and practice reports, hosted within the online Wakelet model, as well as providing material for the Eurocarers research depository.



Practice with Family Carers

2 items



Family Carers in the news

39 items



Disability & Family Care

12 items



International Family Carer research

33 items



Family Carers- Irish Policy

9 items



Irish Family Carer Research

17 items

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Our own Wakelet Repository – <https://wakelet.com/@careallianceireland>

Our organisation is also represented on the Social Policy Network – a group of NGOs that meets quarterly. We hosted one of the quarterly meetings in the Carmichael Centre in April 2018.

The Family Carer Research Group met two times in 2018 and its membership continued to increase and became more diverse throughout the year.

Care Alliance continues to be a key leader in the sector in considering and addressing research gaps. We have ongoing contact with senior academics across a number of third-level institutions regarding their family carer research proposals and projects.

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4. Building the profile and raising awareness of Care Alliance Ireland

- To expand our membership by 25% over the period 2014–2017.
- To increase active engagement and participation of member organisations in the work of our alliance.
- To continue leading and developing National Carers Week as the primary annual awareness-raising event for family carers in Ireland, and to organise at least one other annual event/seminar that generates significant publicity and media interest.
- To increase awareness and understanding of our activities using different channels, including social media.

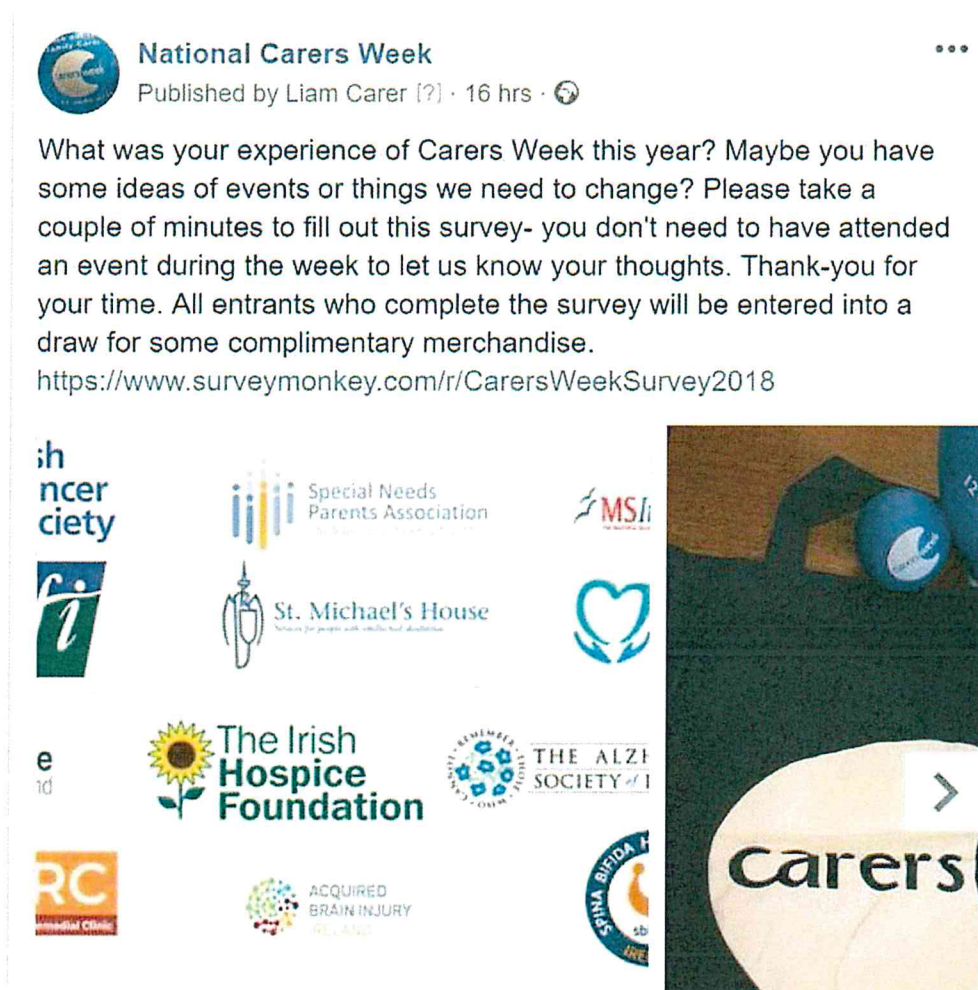
We welcomed three organisations to our alliance in 2018 (Jack and Jill, 22Q11 Ireland and St. Luke's Community Dementia service). As part of our commitment to good governance and transparency, a review of the membership status of our existing members was undertaken. We sought to contact a number of organisations whose membership had lapsed. The Board subsequently approved the removal from our list of membership of 12 organisations. One other member organisation ceased to exist. We ended 2018 with 87 member organisations.

Our collaborative pre-Budget media event with other national federations secured little media attention; however, material income gains were secured again in Budget 2019 for fulltime family carers, and income (both state and other) for a number of our member organisations continues to increase. This should result in better supports for family carers. Increases in home care delivered in 2018 were material, and a commitment in the HSE Service Plan for 2019 to deliver 4% more home care hours is also significant and reflective of the ongoing advocacy work undertaken by a range of not-for-profit organisations. The improving economy is of course also a factor.

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The twelfth National Carers Week (2018) took place from 11 to 17 June and again proved a successful event. This annual event has now matured, with a large and growing group of partners, supporters and event organisers, together with consistently high levels of media coverage through all media fora. Although there were less resources available for merchandise this did not appear to dampen the spirits of the organisers or the family carers who took part in the week. The live Twitter discussion (#IrishMed) was also well received, with more 'impressions' than in 2017 (4million versus 3.3million). As organisers we prepare a comprehensive evaluation report on the week using a range of evaluation methodologies.

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Facebook survey of 2018 National Carers Week, July 2018

In addition, a number of research documents and resources were launched by a range of organisations as part of National Carers Week.

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As part of the week, our social media activities remained strong, primarily through the NationalCarersWeek Facebook page that we manage. Twitter also became more relevant for the project this year. The Facebook page continued to be one of the most active Facebook pages within the NGO sector in Ireland. The page reached approximately 15,000 users weekly, peaking of course in the week before Carers Week, and 11,095 engagements took place (in 2017 this figure was 6,680) over the course of the week. Mindful of the limitations of engaging people through social media, we nonetheless believe it to be an effective and very efficient way of offering occasional support, information and at times inspiration to Ireland's family carers – throughout the year. The continued dominance of Facebook as a social media platform in Ireland is clear, with a reported 46% use among adults, the highest concentration of users being in the 35–54 age group, a cohort where family caring also peaks. A full review of the week was undertaken but unfortunately we were unsuccessful in a National Lottery funding application to support the project for 2018. Modest National Lottery funding for 2019 has been secured.

Throughout the year we continued to manage a large and growing Facebook following on our NationalCarersWeek Facebook page. This following has grown from approximately 4,500 in early 2014 to over 18,000 currently. We constantly review this activity to ensure that it is in keeping with our core principles.

In early 2015 we made the decision to set up a Twitter account (@CareAllianceIrl). We have tweeted over 4,000 times, have over 1,600 followers and monthly impressions regularly exceeded 50,000 as the year progressed. The account is now proving to be a useful way to engage internationally with academics and others with an interest in improving the delivery of supports for family carers.

Care Alliance Ireland

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5. Ensuring we have the capacity and resources to progress strategic priorities

- To secure the resources required to successfully implement our vision, mission and objectives.
- To develop and implement exemplary operational and governance structures, and to promote this philosophy and practice among our members.
- To support the ongoing development of our staff, volunteers and Board of Directors.

Three-year funding (2016–2019) under the Scheme to Support National Community and Voluntary Organisations (SSNO) is key to our organisation and in 2018 represented just under 50% of our annual funding. Together with modest funding from the HSE, 2018 was again a year in which we could focus less on securing funds and more on delivering real impact and outcomes. Continued funding from these two sources is crucial to our continued work.

Care Alliance Ireland
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Governance matters to our organisation. Over the years we have striven to excel in this area. This work was rewarded again in November, for the third year in a row, when we were category winners of the Good Governance Awards (Small Charity Category).



Pictured at the Good Governance Awards are left to right, Penelope Kenny (Chair of Judging Panel, The Good Governance Awards 2018); Donal McKenna (Chair, Care Alliance Ireland); Rosemary Daynes (Board of Directors, CAI); Liam O'Sullivan (Executive Director, CAI); Diarmaid O'Corrbui (CEO, the Carmichael Centre)

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While governance in the not-for-profit sector is improving, much remains to be done in the area of operations and transparency within public organisations, and we will continue to call out poor practice as we see it:

- The HSE must do better in responding to Freedom of Information requests.
- The Charities Regulator must improve its online user interface for the 10,000 charities who are being driven to exclusively online interactions with it.
- The Revenue Commissioners need to manage their tax clearance process for charities much more effectively.

Regulatory and funder requirements place demands on our organisation, but not at a level that we believe to be overly burdensome. We make regular reports on lobbying activities and complaints, as well as activity reports to funders. Seven policies were reviewed/updated by the Board in 2018. In September 2018 the Board approved a *Corporate Governance Handbook*.

In September we also welcomed our member organisations to our AGM and on the same day we launched our discussion paper on Family Caring and Minority Populations.

Our staff are highly qualified and skilled at delivering on our objectives. Their skills include project management, analysis, communication, report writing and the facilitation of collaboration. Two of our staff have professional qualifications in Social Work. Other qualifications within the team include Social Research, Implementation Science, Social Policy, History and Politics, Computer Science and Psychology. Collectively they have demonstrated an ongoing openness to learning and Continued Professional Development. A culture of sharing and mentoring is encouraged by the leadership of the organisation.

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Our Staff



Liam O'Sullivan



Zoe Hughes



Kevin Deegan

Both staff and board members availed of appropriate training opportunities that arose during the year. Specifically, our Policy and Research Officer continued with her part-time Doctorate in Social Science (UCC) while our Research Assistant completed his Master's. A number of our board members took part in governance training throughout 2018. In addition to our Board of Directors, all of whom are volunteers, Care Alliance was supported by other volunteers, including current and former family carers. These volunteers support our work through their participation in working groups and publicity events. For example, a former carer advocate represented us at a carers and human rights meeting in Italy.

All staff undertake performance appraisals and are provided with regular staff supervision. Salary increments are not part of any staff employment contracts and any changes to remuneration are based on funds available, performance and sectoral norms.

Care Alliance Ireland
Directors' Report
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6. Supporting Member Organisations and International Alliances

- To support the development of member organisations through the provision of services and supports that will strengthen their organisational effectiveness and corporate governance structures.
- To share with members details of funding opportunities relevant to their work with family carers.
- To develop international links and to participate in international networks to facilitate the transfer of good practice and policies.

In early 2018, in collaboration with the Carmichael Centre, we delivered two one-day seminars on good governance. Over 60 people took part, including representatives from a number of our member organisations.

We continued our work on the HRB/Ignite Research Award with the University of Limerick and others. The focus in 2018 was on training all participants on the concepts and application of Public Patient Involvement in research.

We were delighted to have been chosen in August 2018 by the International Alliance of Carer Organizations (IACO) to have our 2016 Family Carer Training project showcased; the first of four Innovative Carer Practices to be chosen globally.

Care Alliance Ireland

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INNOVATIVE CARER PRACTICES

IMPACTING CARERS* AROUND THE WORLD



FAMILY CARER TRAINING

Building Capacity for Outcome-Focused Carer Support

Family carers represent a key part of social capital and are the backbone of all health and social care systems around the world. Caregiving duties range from assistance with activities of daily living and providing medical care, to navigating complex health and social care systems. Given the multifaceted and complex nature of the caring role, there is considerable evidence suggesting that carers have a significant need for specialised knowledge and skills to prepare them for the tasks they are expected to assume.¹ This Innovative Carer Practice showcases an outcome-based training programme for health and social care professionals in Ireland, which aims to build their capacity to engage more effectively with carers.

CONTEXT

While caregiving can be a rewarding experience for many, it can also be challenging. Becoming educated about the person's condition, learning practical approaches to care and understanding how to access local caregiver resources are essential for carers in order for them to feel a sense of control and adapt to their evolving caring role.² It is also important for carers to learn how to manage stress and care for themselves in the midst of caring for another individual. Outcome-focused and condition-specific educative interventions have demonstrated significant positive impacts for carers.

There is no one-size-fits-all approach to caregiver training. Despite many common experiences, caregivers' roles are highly variable across the course of caring. As such, engaging family carers in training can be a challenge and requires careful consideration of the individual's specific needs, circumstances and goals. Although there is widespread agreement that family carers should be empowered with knowledge and information, professionals working in health and social services often have little understanding of how this can be achieved. Social and health care organisations have limited budgets and

less-than-optimal access to evidence-informed interventions. Their level of knowledge and understanding of outcome measurements, specifically in the area of family carers' support and well-being, are mediocre at best. As resources are becoming scarcer, it is more important than ever for organisations to ensure they are using their limited resources to deliver service and support that result in measurable benefits for the carers they engage with.

The Family Carer Training initiative, led by Care Alliance Ireland (CAI), aims to maximise the benefits of training and supports for family carers in Ireland. The initiative creates a space for expert-led and peer-driven learning among health and social care organisations. It is designed to build upon practitioners' pre-existing skills, knowledge and experience by sharing promising practices at a national and international level. It also emphasises the latest research and policy available, specifically in the area of measurement and outcomes. By providing carer-focused information and training, health and social care professionals are equipped with the fundamental knowledge and skills to engage carers and ensure the delivery of high-quality and effective family carer support.

* A carer, caregiver or family carer is an unpaid individual, such as a family member, neighbour, friend or other significant individual, who takes on a caring role to support someone with a diminishing physical ability, a debilitating cognitive condition or a chronic life-limiting illness. The terms caregiver, family carer and carer are used interchangeably by IACO members.



Embracing Carers is an initiative led by Marc KGA, Germany, in collaboration with leading caregiver organisations around the world, to increase awareness and action about the often-overlooked needs of caregivers. Learn more at www.embracingcarers.com.



The International Alliance of Carer Organizations (IACO) is a global coalition of 15 member nations committed to building a global understanding and respect for the vital role of family carers. Recognised as an official NGO by the United Nations, IACO works to improve the quality of life and support the needs of carers, through international partnerships and advocacy. Learn more at www.internationalcarers.org.

Front page of our four-page Innovative Carer Practices Report, launched in December 2018

In 2019 we will begin to work on developing a resource to support the NGO sector to become more active partners in primary research rather than continuing in the previous more passive gate-keeper role.

Our comprehensive approach to communicating with our members gives expression to our efforts to enhance their own individual and organisational response to supporting family carers. We respect the independence of our member organisations, yet actively encourage them to deliver higher-quality supports for family carers. We have again this year shared a number of our policy templates with some member organisations at their request.

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We scan for funding opportunities and regularly share these details with member organisations. We had discussions with a number of member organisations about undertaking joint bids for some of the Dormant Account Funds (Carers Information) and were delighted to see six of them secure over €650,000 for delivery of such supports.

In 2018 we remained active internationally, most significantly through our Executive Director's role as Honorary Treasurer with the International Alliance of Carer Organizations (IACO). We also attended meetings of Eurocarers.

Stakeholder Feedback

In response to our provision of feedback on a draft 'EU Strategy for Carers':

"Thanks a million for reviewing the document – your comments are extremely useful as always. I will definitely do my best to capture them in the revamped version of the Strategy"

Stecy Yghemonos, Executive Director, Eurocarers

We believe that we have a role to play in supporting the development of the carers movement internationally, and we give modest but specific support and encouragement to emerging carers organisations in other countries. For example, we worked with other carers organisations to secure funding for a small Erasmus knowledge exchange project that began in December 2018.

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Financial Review

The results for the year show a net operating surplus of €5,581 for 2018 (2017 – €3,663 deficit).

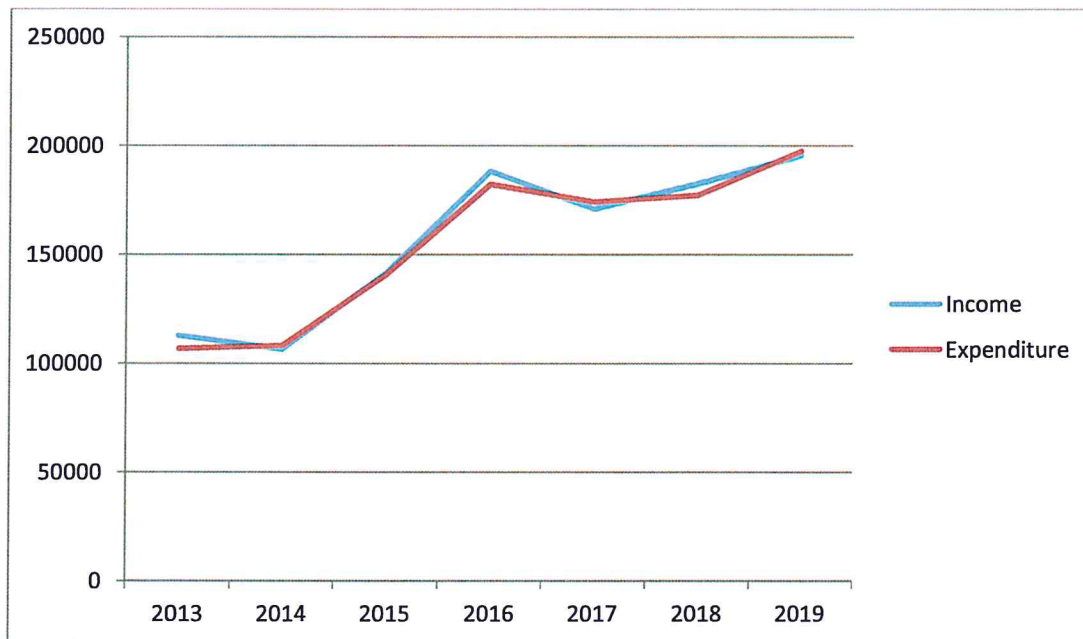
Our organisation's income for 2018 was €182,636 and our expenditure was €177,064.

The results were significantly better than budgeted for in comparison with the budget approved by the Board in November 2017. Our overall income for the year was €182,636 as per budgeted. Our expenditure was approximately €6,000 under budget due mainly to underspends in room hire, stationary expenditure and staff development.

We are confident that in 2019 our overall income will increase somewhat thanks to successful bids in a number of new projects. A balanced budget for 2019 has been approved by the Board, cognisant of the imperative to secure funds under the 2019–2022 Scheme to Support National Organisations

We continue to seek ways to diversify our income streams. Our four biggest funders in 2018 were the Department of Rural and Community Development (47%), the Health Service Executive (13%), the Health Research Board (13%) and the European Commission (8%). Other sources of income in 2018 included National Lottery Grants, Carers Week partner contributions, consulting fees, other research grants and membership fees. On the expenditure side, staff salaries were the biggest outlay (67%), followed by project expenditure (14%).

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Seven-year Financial Summary – Income and Expenditure 2013–2018, and 2019 projections

Risk Management

The Board recognises and regularly reviews the major risks to which we could be exposed. We consider risk not only in terms of safety and security of staff but equally in terms of financial, operational, reputational, governance and other risks that might affect our ability to deliver a quality service for our stakeholders and the public. Key risks identified in 2018 (as well as in 2017) include inadequately diversified income streams and significant reliance on the Executive Director. Actions taken to mitigate these risks include continued efforts at securing other income streams, in particular research income, and a widening of responsibilities among other staff members. The Directors are satisfied that a comprehensive set of policies and procedures are in place to mitigate exposure to major risks. In late 2018, the risk register was reviewed and updated. Using a risk classification and matrix based on likelihood and impact, high, medium and low risks were identified. Actions undertaken or proposed to ameliorate risks are included in the risk register.

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Reserves Policy

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €44,024 at 31 December 2018 and this was insufficient to meet the four months' expenditure requirement of its reserves policy. The Directors note that while the current level of reserves (three months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to continuing to build up the reserves over the next two years by securing a modest level of additional unrestricted funding from a range of sources. Restrictions placed by many funders make this a real challenge.

Investment Policy

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in lower investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

Legacy Income

It is our view that we are unlikely to receive legacy income. For this reason, we do not currently have a legacy income policy.

Donated Facilities/Goods/Services Policy

It is our view that the level of such services is small overall, and as such does not warrant a policy.

Deferred Income Policy

Calculations are based on length of contracts that straddle a number of years and the work plans in respect of each project

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Appointment of Solicitors

In light of the small size of the organisation and its low risk profile, the Board has taken the view that there is no need to have named solicitors appointed at this stage. Should there be a need in the future, the Board will appoint appropriate solicitors accordingly.

Future Developments and Plans for Future Periods

Our Strategic Plan 2019–2024 was developed following extensive consultation with key stakeholders. The resources available for its implementation have and will directly influence the scope, reach and likely impact of the plan. In particular, successful continued multi-annual funding under the Scheme to Support National Organisations is critical. We have responded to the feedback of our members and other stakeholders and our new Strategic Plan is now clearer in focus than was the case for the previous plan, while retaining many of its goals. Specific collaborative research projects will continue; our focus on maximising the use of information and communications technology (ICT) and social media will also remain. We will do better in engaging with our members. We will continue to produce evidence-informed and analytically rigorous policy and research briefings, discussion documents and overview reports. We will also continue to create opportunities for successful collaboration and engagement in research across the academic, statutory and not-for-profit sectors, both nationally and internationally. The plan is also clearer on how we will know we are making progress in our key strategic priorities.

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Events Since the End of the Year

Activities from January to April 2019 advanced the targets established in our 2019 work plan and we are confident of meeting the majority of our goals for 2019. A new Strategic Plan has been approved by the Board and is being implemented. Details of all our activities and projects continue to be communicated through our website/newsletter/social media channels, and reported to our funders at required intervals. Our new international collaborative Friendsourcing project is progressing well. We await critical news of our funding application for the multi-annual Scheme to Support National Organisations 2019–2022.

Structure, Governance and Management

We are registered as a charitable company limited by guarantee. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance has a constitution and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

The Board of Directors, elected and co-opted under the terms detailed in the *Company Governance Handbook*, has overall responsibility for strategic development, in close liaison with the Executive Director. Donal McKenna is the Board Chairperson, Fergus O'Rourke is the Board Treasurer and Rosemary Daynes is the Company Secretary. Liam O'Sullivan, the Executive Director, manages the operations and is not a member of the Board. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises nine non-executive Directors. The Board's Directors are drawn from diverse backgrounds in not-for-profit organisations, business and the professions. They bring to board

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deliberations the significant business and decision-making skills developed in their respective fields, together with a broad range of experience and views.

The Chairperson, Donal McKenna, is a scientist by profession, holds an MBA and has in excess of 25 years' experience in managing his own business. The Treasurer, Fergus O'Rourke, is an accountant by profession, with over 30 years' experience in consulting. Another board member, Ann Walsh, is a former family carer, a graduate in Community Development and a volunteer in a number of projects in her Donegal community.

Our current Directors' biographies are available on our website. The majority have experience as family carers.



Donal McKenna-
Chairperson



Rosemary Daynes



Deirdre Shanagher



Annie Dillon



Fergus O'Rourke-
Treasurer



Phil Dunne



Hazel Mulligan



Ann Walsh



Barbara Barrett

Our nine volunteer Directors

Suitable potential Directors are identified in three ways: firstly by member organisations, secondly through Boardmatch Ireland and thirdly through professional contacts. The Chair manages this process, which includes review of CVs, interviews and follow-up of references.

The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance and they believe that this is a key element in ensuring the proper operation of Care Alliance's activities. Conflicts of interest and loyalty are considered through statements of interests, and through standing items at board meetings.

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All Directors are required to sign a Conflict of Interests Compliance Statement in which they state that they are aware of their obligations as a member of the Board of Directors of Care Alliance Ireland.

They also undertake to furnish to the Company Secretary full particulars of their interests, which include their employment, all business interests and community involvement, including voluntary work for charities that might involve a conflict of interest or might materially influence them in relation to the performance of their functions as a member of the Board or their partiality. They also undertake to notify the Company Secretary of any changes to these interests.

The Board did not formally reiterate its full compliance with the Governance Code for Community, Voluntary and Charitable Organisations in 2018, having done so in February 2017. The Board is satisfied that the organisation remains fully compliant, having reviewed a number of policies and procedures throughout 2018.

There is clear division of responsibility between the Board and the Executive Director, with the Board retaining control of major decisions under a formal schedule of matters reserved to the Board for decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. Care Alliance has a comprehensive process for reporting management information to the Board. The Board meets regularly, as required, and met five times during 2018. While the focus at board meetings is on stewardship, governance, financial reporting and risk, the Board also invites speakers to present on occasions. For example, at its November board meeting a presentation was made by our Research Assistant about his work, which was followed by a lengthy discussion. A number of the Directors were very positive about this practice.

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Directors' Report
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On appointment, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. Up until September 2017, all Directors were appointed for a six-year term. Our *Corporate Governance Handbook*, approved in September 2018, now stipulates that at the AGM those Directors who have served a three-year term shall retire from office. It also stipulates that all retiring Directors shall be eligible for re-election, provided that no director shall serve more than two consecutive terms of three years.

There were no resignations from or appointments to the Board in 2018. Based on a 2 × 3-year term of office, four of our current Directors will have served six years as Directors in 2020, three in 2022 and two in 2023.

In keeping with good practice in respect of succession planning and smooth transition, we anticipate that there will be new appointments made to the Board in 2019, in particular to the Treasurer role. Board attendance averaged 78% (2017 was 73%) over the course of 2018.

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

Table 1: Board attendance rates 2018

Name	March	May	July	Sept.	Nov.	Total	Max. poss.	Attend. Rate (%)
Hazel Mulligan	0	1	1	1	1	4	5	80%
Phil Dunne	1	1	1	1	1	5	5	100%
Donal McKenna	1	1	1	1	0	4	5	80%
Ann Walsh	1	1	1	1	0	4	5	80%
Deirdre Shanagher	0	0	1	1	1	3	5	60%
Rosemary Daynes	1	0	1	0	1	3	5	60%
Fergus O'Rourke	1	1	0	1	1	4	5	80%
Barbara Barrett	1	1	0	1	1	4	5	80%
Annie Dillon	1	1	1	1	0	4	5	80%
						35	45	78% Ave.
Total	7	7	7	8	6			

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

Committees of the Board

We have two standing board committees, namely the Audit and Risk Committee and the Research Committee. The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment, borrowing and outlay of all monies. The terms of reference of the Audit and Risk Committee are approved by the Board. The committee met once in 2018.

The role of the Research Committee is to support Care Alliance Ireland's strategic priority 'Supporting primary and applied research on family caring and the role of family carers'. The Research Committee is consulted regularly by the Executive Director on matters within its terms of reference. In 2018, the committee considered ten substantial topics, all of which were managed by the Chair of the committee using email correspondence and phone conversations as necessary. A report on the Research Committee's activities is presented at each board meeting. Any items that the Chair judged to require further full board consideration were considered at the next board meeting. The Board believes this method of operation for this committee is appropriate.

In March 2018, a temporary Strategic Plan Committee was established. The committee conducted its work by email in 2018 and was disbanded in March 2019 following its recommendation of the new Strategic Plan to the full Board of Directors.

Directors' Responsibilities Statement

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2018

Irish company law requires the Directors to prepare financial statements for each financial year. Under the law the Directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and accounting standards issued by the Financial Reporting Council, including FRS 102, the Financial Reporting Standard applicable in the UK and Ireland (Generally Accepted Accounting Practice in Ireland).

Under company law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charitable company as at the financial year end date, and of the surplus or deficit of the charitable company for the financial year, and that they otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect of and reasons for any material departure from those standards.
- Prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

Care Alliance Ireland

Directors' Report

For the year ended 31 December 2018

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company; enable at any time the assets, liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy; enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014; and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration of Interests

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all Directors are invited to declare any conflicts of interests in respect of agenda items.

Thanks

We are very grateful to all our funders for both new and continued support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of Rural and Community Development, the Health Service Executive, the National Lottery, the European Commission, the Health Research Board. We also thank the Carmichael Centre for their continued support and specifically for the provision of mentoring and shared premises.

Independent Auditor

The auditors, Duignan Carty O'Neill Limited, have expressed their willingness to continue in office in accordance with section 383 (2) of the Companies Act 2014.

Care Alliance Ireland

**Directors' Report
for the year ended 31 December 2018**

Accounting Records

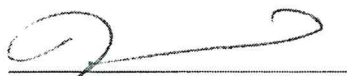
The measures taken by the Directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, employment of appropriately qualified accounting personnel with appropriate expertise, the provision of adequate resources to the financial function and the maintenance of computerised accounting systems. The Company's accounting records are maintained at the Company's registered office at Coleraine House, Coleraine Street, Dublin 7.

Statement on Relevant Audit Information

In the case of each of the persons who are Directors at the time this report is approved in accordance with section 332 of the Companies Act 2014:

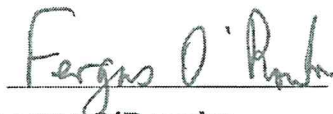
- so far as each Director is aware, there is no relevant audit information of which the Company's statutory auditors are unaware, and
- each Director has taken all of the steps that he or she ought to have taken as a Director in order to make himself or herself aware of any relevant audit information and to establish that the Company's statutory auditors are aware of that information.

This report was approved by the Directors:



Donal McKenna

Director



Fergus O'Rourke

Director

Date: May 7th 2019

Care Alliance Ireland

Independent Auditors' Report to the members of Care Alliance Ireland

We have audited the financial statements on pages 55 to 74 of Care Alliance Ireland for the year ended 31 December 2018 which comprise the Statement of Financial Activities, the Balance Sheet, Statement of Changes in Funds, Statement of Cashflows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the company's members as a body in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters that we are required to state to them in the audit report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company or the company's members as a body for our audit work, for this report, or for the opinions we have formed.

Opinion

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company's affairs as at 31st December 2018 and of its result for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2014

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Care Alliance Ireland

Independent Auditors' Report to the members of Care Alliance Ireland (continued)

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report this fact.

We have nothing to report in this regard.

Care Alliance Ireland

Independent Auditors' Report to the members of Care Alliance Ireland

Opinion on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Respective responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement on pages 47 - 49, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

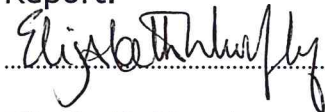
Care Alliance Ireland

**Independent Auditors' Report to the members of
Care Alliance Ireland**

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA-700-\(Ireland\)](https://www.iaasa.ie/Publications/ISA-700-(Ireland)). The description forms part of our Auditor's Report.

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Elizabeth Murphy
for and on behalf of
Duignan Carthy O'Neill Limited
Chartered Accountants
Registered Auditors
84 Northumberland Road
Dublin 4

Date: 7 May 2019

Care Alliance Ireland

**Statement of Financial Activities
for the year ended 31 December 2018
(Including Income and Expenditure Account)**

Income from	Notes	Restricted Unrestricted		Total	Restricted Unrestricted		Total
		Funds	Funds		Funds	Funds	
		2018	2018	2018	2017	2017	2017
		€	€	€	€	€	€
Charitable Activities:							
Revenue Funding Grants	2.11	109,582	-	109,582	107,736	-	107,736
Projects	2.11	67,700	-	67,700	55,903	-	55,903
Other Income		-	5,354	5,354	-	4,174	4,174
Total Income		177,282	5,354	182,636	163,639	4,174	167,813
Expenditure on							
Expenditure on Charitable Activities	3	173,383	3,690	177,073	167,694	3,813	171,507
Total Expenditure		(173,383)	(3,690)	(177,073)	(167,694)	(3,813)	(171,507)
Net income/(expenditure)		3,899	1,664	5,563	(4,055)	361	(3,694)

Care Alliance Ireland
Statement of Financial Activities
for the year ended 31 December 2018


(Including Income and Expenditure Account)

	Notes	Restricted Funds 2018 €	Unrestricted Funds 2018 €	Total Funds 2018 €	Restricted Funds 2017 €	Unrestricted Funds 2017 €	Total Funds 2017 €
Net income/(expenditure)		3,899	1,664	5,563	(4,055)	361	(3,694)
Interest receivable and similar income		-	18	18	-	31	31
Net (Expenditure)/Income for the year	13	<u>3,899</u>	<u>1,682</u>	<u>5,581</u>	<u>(4,055)</u>	<u>392</u>	<u>(3,663)</u>
Reconciliation of funds:	13	-	-	-	-	-	-
Total funds brought forward	13	(2,247)	40,699	38,452	1,808	40,307	42,115
Total funds carried forward	13	<u>1,652</u>	<u>42,381</u>	<u>44,033</u>	<u>(2,247)</u>	<u>40,699</u>	<u>38,452</u>

All activities are in respect of continuing operations.

The financial statements were approved by the Board of Directors on May 7th 2019 and signed on its behalf by:


Director


Director

The notes on page 58 to 72 form part of these financial statements.


Care Alliance Ireland


A Company Limited by Guarantee and not having a Share Capital

**Balance Sheet
as at 31 December 2018**

	Notes	2018 €	2017 €
Fixed Assets			
Tangible assets	7	1,864	-
		<u>1,864</u>	<u>-</u>
Current Assets			
Debtors	8	623	469
Cash at bank and in hand	9	62,529	65,819
		<u>63,152</u>	<u>66,288</u>
Creditors: amounts falling due within one year	10	(20,983)	(27,836)
Net Current Assets		<u>42,169</u>	<u>38,452</u>
Total Assets Less Current Liabilities		<u>44,033</u>	<u>38,452</u>
Reserves			
Reserves - Restricted	12	1,652	(2,247)
Reserves - Unrestricted	12	42,381	40,699
Funds	13	<u>44,033</u>	<u>38,452</u>

The financial statements were approved by the Board of Directors on May 7th 2019 and signed on its behalf by:


Director


Director

The notes on pages 58 to 72 form part of these financial statements.

Care Alliance Ireland

**Statement of Changes in Funds
for the year ended 31 December 2018**

	Funds account €	Total Funds €
At 1 January 2018	38,452	38,452
Retained deficit for the year	5,581	5,581
At 31 December 2018	<u>44,033</u>	<u>44,033</u>

In respect of prior year:

	Funds account €	Total Funds €
At 1 January 2017	42,115	42,115
Retained deficit for the year	(3,663)	(3,663)
At 31 December 2017	<u>38,452</u>	<u>38,452</u>

Care Alliance Ireland

Statement of Cash Flows for the year ended 31 December 2018

	2018 €	2017 €
Cash flows from operating activities		
Net income/(expenditure) for the year	5,581	(3,663)
Depreciation	125	-
(Increase)/Decrease in debtors	(154)	4,336
Increase/(Decrease) in creditors	(6,853)	(8,500)
Interest during the year	(18)	(31)
Net cash flows from operating activities	<u>(1,319)</u>	<u>(7,858)</u>
Cash flows from investing activities		
Interest received	18	31
Capital Expenditure	1,989	
Net cash flows from investing activities	<u>(1,971)</u>	<u>31</u>
Net (Decrease)/ Increase in cash and cash equivalents	<u>(3,290)</u>	<u>(7,827)</u>
Reconciliation of net cash flow to movement in net debt (Note 20)		
(Decrease)/ Increase in cash and cash equivalents in the year	(3,290)	(7,827)
Net Cash at 1 January 2018	65,819	73,646
Net Cash at 31 December 2018	<u>62,529</u>	<u>65,819</u>

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

1. Statement of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', Charities SORP (FRS 102) and the Companies Act 2014.

2. Accounting Policies

2.1. Basis of preparation of financial statements

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (FRS 102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

Care Alliance Ireland is a public benefit entity as defined by FRS 102.

Due to its small size Care Alliance Ireland does not provide a breakdown of support costs.

Care Alliance Ireland is constituted under Irish company law as a company limited by guarantee and is a registered charity and has adopted and reported its performance in accordance with the format provided for in the Charities SORP and in particular reports its performance for the financial year in the format of the SORP's Statement of Financial Activities (SOFA). Companies Act 2014 which became effective in law on 1 June 2015 and from that date applied the format and content of financial statements requirements appropriate for a company trading for the profit of its members to a company that is a not for profit organisation.

In order to provide information relevant to understanding the stewardship of the directors and the performance and financial position of the charity, Care Alliance Ireland has prepared its financial statements in accordance with the formats provided for in the Charities SORP (FRS 102) consistent with the prior year. The directors consider the adoption of the SORP requirements is the most appropriate accounting to properly reflect and disclose the activities of the organisation.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.1. Judgments and key sources of estimation uncertainty

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

2.2. Company name

The company received approval under section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

2.3. Functional and presentation currency

Items included in the financial statements of the company are measured using the currency of the primary economic environment in which the company operates ("the functional currency"). The financial statements are presented in euro, which is the company's functional and presentation currency and is denoted by the symbol "€".

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.4. Tangible fixed assets and depreciation

Tangible fixed assets under the cost model are stated at cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the company. The carrying value amount of the replacement part is derecognised. Repairs and maintenance are charged to income or expenditure during the period in which they are incurred.

Depreciation is provided on all tangible fixed assets at the following annual rates calculated to write off the cost less residual value of each asset over its expected useful life on the straight line basis, as follows:

Office Equipment - 20% Straight Line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the Statement of Financial Activities.

2.5. Going concern

Care Alliance Ireland is reliant on continuing support from Government Bodies in the form of Grant Assistance and Corporate Support to ensure that the Company remains in operation for the foreseeable future.

2.6. Trade and other creditors

Trade and other creditors are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.7. Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable.

Debt instruments like accounts receivable and payable are initially measured at present value of the future payments and subsequently at amortised cost using effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables and receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received.

Cash consists of cash on hand and demand deposits. Cash equivalents consist of short-term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change in value.

2.8. Provisions

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events; it is probable that an outflow of resources will be required to settle the obligation; and the amount of the obligation can be estimated reliably.

Where there are a number of similar obligations, the likelihood that an outflow will be required in settlement is determined by considering the class of obligations as a whole. A provision is recognised even if the likelihood of an outflow with respect to any one item included in the same class of obligations may be small.

Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the time value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as a finance cost.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.9. Government grants

Grants are accounted under the performance model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Statement of Financial Activities at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of Financial Activities in the same period as the related expenditure.

2.10. Pensions

Pension benefits for employees are met by payments to defined contribution executive pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Statement of Financial Activities over the employees' service lives on the basis of a constant percentage of earnings. The benefits made are into a defined contribution plan. The assets of the fund are held separately from the company in independently administered funds.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.11. Income

Income represents the total of grants and project income, related to the year. Care Alliance did not receive any donations in 2018. Care Alliance Ireland does not engage in traditional direct or public fundraising activities.

Grants and project income are included in full in the Statement of Financial Activities as soon as they are received. Income collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.
All income arose in Ireland.

Grant Funding	2018	2017
	€	€
HSE	23,976	23,976
Pobal - Scheme to Support National Organisations (SSNO)	85,606	83,760
	<u>109,582</u>	<u>107,736</u>

Projects	2018	2017
	€	€
Carers Week	5,988	16,100
National Lottery (Various Publications)	7,384	-
HRB Research	24,473	14,869
Governance & Training Seminars	3,326	-
Erasmus - EPYC	15,012	24,934
University of Limerick	5,400	-
Erasmus (Caring4Carers)	410	-
Life After Care (Publication/ Nat Lottery)	5,707	-
	<u>67,700</u>	<u>55,903</u>

Expenditure

All expenditure is charged in the period to which it relates.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

2.12. Taxation

The company is exempt from taxation due to its charitable status CHY No. 14644.

2.13. Reserves

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

3. Expenditure

This includes:	2018	2017
Project Expenditure	€	€
TOYAC Project	-	517
Carers Week	6,034	14,094
Eurocarers - IACO	-	500
Family Carer Training	-	150
HRB Project	2,267	53
Governance & Training Seminars	3,084	-
Newsletters	370	560
Seminars & Conferences	-	1,284
Publications	3,465	1,387
Research & Evaluation	195	429
Erasmus - EPYC	2,452	587
Membership Development Costs	-	894
University of Limerick	39	-
Life After Care	6,529	-
Total Project Expenditure	24,435	20,455

Legal, Professional, Administration & Employment Costs

Wages & Salaries	102,246	102,595
Employer's PRSI Contributions	10,622	10,523
Staff Pension Costs	5,185	6,845
Staff Recruitment	90	43
Board Development & Governance	2,348	390
Meetings	1,140	850
Rent	6,186	6,186
Insurance	1,209	1,061
HR Partnership Programme	1,224	1,122
Printing, Postage & Stationery	1,444	2,506
Telephone & Fax	2,372	2,088
Computer Costs	1,435	2,198
Travelling and subsistence	4,277	3,303
Accountancy & Payroll Fees	4,605	4,468
Audit & other professional fees	3,690	3,813
Other legal and professional	-	554
Bank Charges	98	125

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2018**

**Legal, Professional, Administration & Employment Costs
(continued)**

	2018	2017
	€	€
Staff Development	3,155	1,742
Sundry Expenses	196	150
Subscriptions	991	490
Depreciation	125	-
	<u>152,638</u>	<u>151,052</u>
Total Expenditure	<u>177,073</u>	<u>171,507</u>

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

4. Employees

Number of employees

The average monthly numbers of employees (excluding the directors) during the year were:

	2018	2017
	Number	Number
All employees	3	4
	<hr/>	<hr/>
	2018	2017
	€	€
Employment costs		
Wages and salaries	102,246	102,595
Employers social insurance contributions	10,622	10,523
Pension costs	5,185	6,845
	<hr/>	<hr/>
	118,053	119,963
	<hr/>	<hr/>

Board Director's salary for 2018 was €Nil (2017 : €Nil).

The most senior staff member is the Executive Director. He was paid a whole-time equivalent salary of €62,460 (€44,422 based on part-time employment in 2018) His total remuneration including Salary and Pension in 2018 was €44,666. No other staff member was in receipt of a whole-time equivalent salary in excess of €42,758 in 2018.

There were no employees whose salary was in excess of €65,000.

5. Auditors Remuneration

	2018	2017
	€	€
Statutory audit	3,690	3,813
Non-audit services	-	-
	<hr/>	<hr/>

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

6. Pension costs

Pension benefits for employees are met by payments to individual defined contribution Executive Pensions. Pension costs amounted to €5,185 (2017 - €6,845). The assets of the fund are held separately from the company in independently administered funds.

7. Tangible assets

	Fixtures, Furniture & Fittings €	Office Equipment €	Computer Equipment €	Total €
Cost				
At 1 January 2018	896	89	2,252	3,237
Additions	-	-	1,989	1,989
At 31 December 2018	896	89	4,241	5,226
Depreciation				
At 1 January 2018	896	89	2,252	3,237
Charge for the year	-	-	125	125
At 31 December 2018	896	89	2,377	3,362
Net book values				
At 31 December 2018	-	-	1,864	1,864
At 31 December 2017	-	-	-	-

8. Debtors: amounts falling due within one year

	2018 €	2017 €
Prepayments	623	469
	623	469

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

9. Cash at Bank and in Hand	2018	2017
	€	€
Current Account	44,245	47,553
Deposit Accounts	18,284	18,266
	<u>62,529</u>	<u>65,819</u>
10. Creditors: amounts falling due within one year	2018	2017
	€	€
Pension	614	1,105
Other taxes and social security costs	-	(9)
Accruals	7,421	3,864
Deferred Income (a)	12,948	22,876
	<u>20,983</u>	<u>27,836</u>
Other taxes and social security costs include:		
PAYE & PRSI	<u>-</u>	<u>(9)</u>

(a) Deferred Income relates to grants received during the year, but where the performance related conditions were not met by year-end.

The balance at 31 December 2018 comprises €3,118 for an ongoing HRB research project, €4,350 for an ongoing University of Limerick project and €5,480 in respect of the Erasmus+ project.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

11. Financial Instruments	2018	2017
	€	€
Financial Assets		
Financial assets that are debt instruments measured at amortised cost	-	-
	<u>-</u>	<u>-</u>
	<u>-</u>	<u>-</u>
Financial Liabilities		
Financial liabilities measured at amortised cost	(20,369)	(26,740)
At 31 December 2018	<u>(20,369)</u>	<u>(26,740)</u>

Financial assets measured at amortised cost comprise accrued income.

Financial liabilities measured at amortised cost comprise accruals and deferred income.

12. Reserves

The Board of Directors have set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

The Organisation had reserves of €44,033 at 31 December 2018 and this was not sufficient to meet the 4 months' expenditure aims of its reserve policy.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

13. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	Opening Surplus 01/01/18 €	2018 €	Closing Surplus 31/12/18 €
Restricted Funds	(2,247)	3,899	1,652
Unrestricted Funds	40,699	1,682	42,381
	<u>38,452</u>	<u>5,581</u>	<u>44,033</u>
	<u>Opening Surplus 01/01/17 €</u>	<u>2017 €</u>	<u>Closing Surplus 31/12/17 €</u>
Restricted Funds	1,808	(4,055)	(2,247)
Unrestricted Funds	40,307	392	40,699
	<u>42,115</u>	<u>(3,663)</u>	<u>38,452</u>

14. Capital commitments

The company had no capital commitments at 31 December 2018.

15. Contingent liabilities

As outlined, the company has received government grants for revenue purposes. Should these grants not be used for the purpose specified, the grants will become repayable in whole or in part.

16. Related Party Transactions

The company has a policy of reimbursing directors for travel and other approved and legitimate expenses incurred during the course of carrying out their duties. During the year ended 31 December 2018 the total expenses reimbursed amounted to €1,148 (2017: €Nil). No other related party transactions took place during the year.

17. Ultimate parent undertaking

The company is controlled by its Members and the Board of Directors.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2018

..... continued

18. Post Balance Sheet events

There have been no significant events affecting the company since the year-end.

19. Key management personnel compensation

There was no compensation paid to key management personnel during the year ended 31 December 2018. Key management are considered to be the Board of Directors.

20. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	65,819	(3,290)	62,529
Net funds	<u>65,819</u>	<u>(3,290)</u>	<u>62,529</u>

21. The Department of Rural and Community Development

Care Alliance Ireland received grant funding from The Department of Rural and Community Development, for the period from 1st July 2016 to 30th June 2019. The grant is for the Scheme to Support National Organisations (SSNO). The total monies that will be awarded in respect of the grant are up to €253,036 of which €85,606 was in respect of the current year. These grants have been awarded to assist with staffing and core overhead costs and are not capital in nature. Care Alliance Ireland have obtained an up to date Tax Clearance Certificate and are in compliance with the relevant circulars, including circular 44/2006.

Care Alliance Ireland

**Detailed Income and Expenditure Account
for the year ended 31 December 2018**

**The following pages are for the directors only
and do not form part of the statutory financial statements**

Care Alliance Ireland

Detailed Trading Income and Expenditure Account for the year ended 31 December 2018

	2018 €	2018 €	2017 €	2017 €
Income				
HSE Grant Funding		23,976		23,976
Dept. of the Environment, Community & Local Government		85,606		83,760
Membership Fees		2,025		1,375
National Lottery (Various Publications)		7,384		-
HRB Research		24,473		14,869
Governance & Training Seminars		3,326		-
Erasmus - EPYC		15,012		24,934
Life After Care (Publication/ Nat Lottery)		5,707		-
University of Limerick		5,400		-
Erasmus (Caring4Carers)		410		-
Carers Week		5,988		16,100
Other Income		3,329		2,799
		<u>182,636</u>		<u>167,813</u>
Expenditure				
Wages and salaries	102,246		102,595	
Employer's PRSI contributions	10,622		10,523	
Staff pension costs	5,185		6,845	
Staff Recruitment	90		43	
Board Development & Governance	2,348		390	
Meetings	1,140		850	
Rent	6,186		6,186	
Insurance	1,209		1,061	
HR Partnership Programme	1,224		1,122	
Printing, postage and stationery	1,444		2,506	
Newsletters	370		560	
Seminars & Conferences	-		1,284	
Publications	3,465		1,387	
Erasmus - EPYC	2,452		587	
Telephone	2,372		2,088	
Computer costs	1,435		2,198	
ToYAC Project	-		517	
Carers Week	6,034		14,094	
Membership Development Costs	-		894	
Eurocarers - IACO	-		500	
Family Carer Training	-		150	
HRB Project	2,267		53	
Governance & Training Seminars	3,084		-	
LACP Life After Care Project	6,529		-	

Care Alliance Ireland

Detailed Trading Income and Expenditure Account for the year ended 31 December 2018

	2018 €	2018 €	2017 €	2017 €
University of Limerick	39		-	
Travelling and subsistence	4,277		3,303	
Research & Evaluation	195		429	
Other legal and professional	-		554	
Accountancy & Payroll fees	4,605		4,468	
Audit fees	3,690		3,813	
Bank charges	98		125	
Staff Development	3,155		1,742	
Sundry expenses	196		150	
Subscriptions	991		490	
Depreciation Computer Equipment	125		-	
		(177,073)		(171,507)
		5,563		(3,694)
Bank deposit interest	18		31	
		18		31
Net Surplus/(Deficit) for the year		5,581		(3,663)