A Company Limited by Guarantee and not having a Share Capital

Directors' Report and Financial Statements

for the year ended 31 December 2014

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1. Legal and Administration Details

BOARD OF DIRECTORS Geraldine Clarke (Resigned 17 September 2014)

Avril Dooley Clare Duffy

Geraldine Fennell (Deceased 28 June 2014)
Anne Kavanagh (Resigned 17 September 2014)
Nora Kirrane (Resigned 16 December 2014)
Marie Lynch (Resigned 17 September 2014)
Dermot Maguire (Audit and Risk Committee)

Gerard McCaffrey (Chair)

Fergus O'Rourke (Appointed 16 March 2014, Chair Audit and

Risk Committee)

Robin Webster (Resigned 17 September 2014)
Deirdre Shanagher (Appointed 16 September 2014)
Jimmy Duggan (Appointed 16 September 2014)
Rosemary Daynes (Appointed 16 September 2014)
Ann Walsh (Appointed 16 September 2014)

SECRETARY AND REGISTERED OFFICE Avril Dooley

Care Alliance Ireland Coleraine House Coleraine Street Dublin 7

EXECUTIVE DIRECTOR Liam O'Sullivan

BOARD COMMITTEE Dermot Maguire (Audit and Risk Committee)

Fergus O'Rourke (Audit and Risk Committee, Chair) Marie Lynch (Audit and Risk Committee)

REGISTERED COMPANY NUMBER 461315

CHY NUMBER 14644

CHARITY REGISTRATION NO: 20048303

AUDITORS Duignan Carthy O'Neill

Chartered Accountants Registered Auditors 84, Northumberland Road

Dublin 4

PRINCIPAL BANKERS Allied Irish Bank

Capel Street Dublin 2

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Directors' Report for the year ended 31 December 2014

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31 December 2014. The Directors confirm that the annual report and financial statements comply with the current statutory requirements, the requirements of our governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005 (updated 2008, 2013).

2.1 Objectives, activities, achievements and performance

The main objective of Care Alliance Ireland as set out in its Memorandum of Association is to provide for the relief of poverty and distress through the provision of support, education, training, research and dissemination of information to family carers and family carer organisations throughout Ireland.

The Memorandum of Association also sets out a number of supporting objectives which are used to attain our main objective, and any income generated from the achievement of its supporting objectives can only be applied for the main objective. The supporting objectives are:

- To ensure that the role of Family Carers is fully recognised and valued by society in Ireland.
- To enhance the quality of life for Family Carers. We achieve this by supporting our charitable member organisations in their direct work with Family Carers through the provision of information, developing research and policy in the field, sharing resources, and instigating opportunities for collaboration.

2.2 Achievements and performance in 2014 in meeting objectives

Care Alliance Ireland is the National Network of Voluntary Organisations supporting Family Carers. Our vision is that the role of Family Carers is fully recognised and valued by Irish society. Care Alliance exists to enhance the quality of life for Family Carers. There are approximately 274,000 Family Carers in the Republic of Ireland. Family Carer support is provided by a number of organisations, including those dedicated solely to carer support and others who support Carers as part of their response to individuals with specific conditions. We work with our 95 member organisations and other agencies to support them in their work with Family Carers. Our legitimacy derives from our membership base which includes all the carer organisations and virtually all the disease/disability-specific organisations currently providing services to Ireland's Family Carers. Our membership is comprised of large and small organisations which have regional and/or national remits.

2014 was another successful year for Care Alliance Ireland. Our activities and annual work plan are informed by our Strategic Plan (2014–2017), and during 2014 we began its implementation.

A work plan is prepared annually and approved by the Board. The majority of our KPIs were met or exceeded in 2014.

Key events in 2014 were;

- a successful funding bid to the Scheme to Support National Voluntary organisations
- the launch of a peer-reviewed and well received literature review on the Relationship between Family Carers and paid care workers
- a highly successful eighth National Carers Week in June

We now report on how we achieved our objectives, with reference to our priorities as outlined in our 2014–2017 Strategic Plan.

Directors' Report for the year ended 31 December 2014

1. Providing a united voice for, and strengthening the impact and relevance of, Family Caring organisations in Ireland.

- To ensure that we are seen as a significant representative voice for the Family Carer sector;
- To prepare policy submissions on issues of relevance to Family Carers and our member organisations;
- To provide opportunities for our members to interact, network and share learning by co-ordinating meetings, events and workshops.

We delivered on our representative function in a number of ways in 2014, most significantly through our pre-budget submissions and through our submission to the consultation document on Universal Health Care to the Dept. of Health.

Through our co-ordination of the 8th National Carers Week, we facilitated collaborative events for Family Carers throughout Ireland. Details are provided later in this report.

We continued to work closely with organisations on a number of initiatives, including several member organisations in their attempts to develop a cohesive voice for not-for-profit home care providers. We provided secretarial support to this group in the first half of 2014.

Delivering on existing projects and commitments, securing new funding from the SSNO scheme and finalising a new Strategic Plan was our primary focus this year. In 2015 we intend to organise more regional events for our stakeholders.

Implementation of the 2012 National Carers Strategy by government agencies remains disappointing. Led by the Carers Association, we worked intensively on a monitoring group and had fruitful meetings with various government departments. The second annual report on the strategy, published in early 2015, demonstrated some progress.

We engage in ongoing collaborative work with the Carmichael Centre for Voluntary Groups, the Disability Federation of Ireland and the Wheel.

2. Providing up-to-date, relevant information to our members in a timely and accessible manner.

- To produce information, including policy and research briefings, that will inform member organisations on issues of relevance;
- To disseminate the latest national and international policy, research and practice initiatives.

We continue to assist researchers, students, the media and the general public with queries in relation Family Carers, both by email and telephone. We receive occasional calls from individual Family Carers and we advise and redirect as appropriate. All 95 member organisations and over 450 other organisations and individuals involved in supporting Family Carers received regular communications from us, primarily in electronic format, on issues relating to support, practice, policy and research. Our database of contacts continues to grow.

We use email in a measured and focused way to ensure that communication is relevant to members and stakeholders.

Directors' Report for the year ended 31 December 2014

We review sectoral publications and in particular carer related research, and disseminate in a targeted way.

Since the May 2013 publication of the updated *Family Caring in Ireland*, there have been 2,840 downloads of the report from our website www.carealliance.ie. Work began in 2014 on updating the report, to reflect changes in research, policy and practice. We have been successful in securing funding to disseminate the report to a wider audience in hard copy format and this was completed early in 2015.

We continued to work closely with the HSE and others in their progression of the Single Assessment Tool and, in particular, the creation of a Carer Assessment supplement to the InterRAI, which we envisage will now be piloted in Ireland and abroad in 2015.

We also undertook regular reviews of new Family Carer research, policy and practice resources internationally and disseminated these as appropriate.

Our involvement in an EU project around Young Adult Carers continued in 2014, with the publication of a booklet for practitioners, together with a comprehensive website.

Our website (<u>www.carealliance.ie</u>) is increasingly viewed as a portal for Family Carer research and policy. The website reach in 2014 was the highest yet, with in excess of 58,000 downloads. The number of unique users in 2014 was 8,459, which represents an increase of 16% on 2013 levels. Visitors increased to 16,715 - an increase of 36%.

The most popular downloads from our website in 2014 were (in order); Family Caring Ireland Overview Report, TOYAC (Young Adult Carers) Booklet, Various other Care Alliance research reports and submissions, Newsletters, Directory of Support Services, Life After Care booklet, Carer Assessment Resource Inventory and a list of skills acquired through caring.

Three editions of our newsletter, *Care Alliance Ireland*, were produced and disseminated widely and they remain available on our website. The number of downloads of our newsletters reached 6,000 - an increase of 93% year on year.

3. Supporting primary and applied research on Family Caring and the role of Family Carers.

- To communicate and support carer-specific research that informs and progresses policy and service development for Family Carers;
- To influence the Family Carer research agenda by collaborating with third level institutions, statutory bodies and other relevant agencies, both nationally and internationally.

Considerable time was spent during 2014 on preparing a comprehensive and peer-reviewed literature review on the relationship between Family Carers and home care support workers. It was launched in November and has been disseminated widely, with 1,544 downloads to-date.

We continue to lead the sector in considering and addressing research gaps. We have ongoing contact with senior academics regarding their Family Carer research proposals and projects (for example, on elder abuse and carer stress). We also continue to participate on the Consultative Group of the National Centre for the Protection of Older People, which meets twice yearly.

We plan to facilitate a meeting of our Family Carer Research Group in 2015.

We provided ongoing support to two TCD research projects regarding Family Carer research (on the topics of dementia and intellectual disability).

In late 2014 we collaborated with the University of Limerick on a research proposal relating to Benefit Finding in Carers. We heard recently of our success in this proposal and look forward to progressing this important and innovative research in 2015.

Directors' Report for the year ended 31 December 2014

4. Building the profile and raising awareness of Care Alliance Ireland.

- To expand our membership by 25% over the period 2014–2017;
- To increase the active engagement and participation of member organisations in the work of our alliance;
- To continue leading and developing National Carers Week as the primary annual awarenessraising event for Family Carers in Ireland, and to organise at least one other annual event/seminar that generates significant publicity and media interest;
- To increase awareness and understanding of our activities using different channels, including the use of social media.

Following an extensive and successful membership recruitment initiative at the end of 2013, 2014 was spent deepening our engagement with our member organisations. This involved travelling around Ireland to meet with both new and long standing members. Meetings also took place with key member organisations with whom collaborative ventures are ongoing or planned.

At the end of 2014, our membership stood at at 95, including key intellectual disability organisations and nearly all of the significant condition-specific organisations.

Our collaborative pre-budget media event with other national federations resulted in considerable national media attention being drawn to Family Carers.

Now a significant entry in the calendars of organisations supporting Family Carers, the eighth National Carers Week, which took place from 9th to 15th June, exceeded our expectations. Events took place in every county. New developments in 2014 included the launch of a smartphone app for Family Carers called "Jointly", which was developed by Carers UK. We continued to engage with primary schools through the schools competition, as well as with occupational health departments in 50 of Ireland's biggest companies. A new survey was undertaken and media coverage was extensive across the range of media fora. The www.carersweek.ie website received 20,564 visitors and 10,516 unique users in 2014, representing increases of 31% and 57% respectively on the 2013 figures.

Our social media campaign was extensive, primarily through the NationalCarersWeek Facebook page. The page received over 7,500 'likes', and in the run-up to the week, became one of the most active Facebook pages within the NGO sector in Ireland. The page reached over 130,000 users in the week before Carers Week.

The objectives for the week were:

- to raise awareness of Family Carers in our community;
- to deliver events for Family Carers throughout the country; and
- to engage with Family Carers not yet availing of carer support services.

Based on stakeholder feedback, we have succeeded in meeting these objectives. A full review of the week was undertaken and we were successful in a National Lottery funding application to support the project for 2015.

Throughout the year we continued to manage a large and growing Facebook following on our NationalCarersWeek Facebook page. We constantly review this activity to ensure that it is in keeping with our core principles. We also use LinkedIn, and have recently set up a Care Alliance Twitter account which is steadily attracting followers.

Directors' Report for the year ended 31 December 2014

5. Ensuring we have the capacity and resources to progress strategic priorities.

- To secure the resources required to successfully implement our vision, mission and objectives;
- To develop and implement exemplary operational and governance structures, and to promote this philosophy and practice among our members;
- To support the ongoing development of our staff, volunteers and board of directors.

Considerable Executive, Board and external resources were deployed in 2014 preparing a strong funding bid to the Department of Environment, Community and Local Government under the Scheme to Support National Community and Voluntary organisations (SSNO). We were delighted with the outcome, a 67% increase in funding under this scheme and the opportunity to recruit a Policy and Research Officer, which was finalised in December 2014.

The Board reviewed our compliance with the Governance code and reiterated our full compliance with same in November 2014. A new governance section of our Newsletter appeared in the winter edition.

Director training was provided to 4 new Board members who joined in 2014. Staff availed of appropriate training opportunities that arose during the year.

6. Supporting member organisations and international alliances

- To support the development of member organisations through the provision of services and supports that will strengthen their organisational effectiveness and corporate governance structures;
- To share with members details of funding opportunities relevant to their work with Family Carers;
- To develop international links and to participate in international networks to facilitate the transfer of good practice and policies.

Our comprehensive approach to communicating with our members gives expression to our efforts to enhance their own individual and organisational response to supporting family carers. We respect the independence of our member organisations yet actively encourage them to deliver higher quality supports for family carers. We have shared a number of our policy templates with some member organisations at their request.

We scan for funding opportunities and regularly share these details with our member organisations.

In 2014 we continued to be active in the international sphere, with participation in the International Alliance of Caregiver Organisations (IACO) as well as in Eurocarers. We were particularly active in an online carer information project (Innovage) in late 2014.

Directors' Report for the year ended 31 December 2014

2014 in Images



Banner for the eighth National Carers Week 2014



Launch of new Strategic Plan 2014-2017, July 2014

Directors' Report for the year ended 31 December 2014



Some Directors and Staff at AGM, September, 2014



New Directors Induction Meeting, October 2014.

Directors' Report for the year ended 31 December 2014



The ever popular €2/€1 trolley coins distributed annually during National Carers Week



Primary Schools Competition Winner (Name) for National Carers Week, June 2014.

Directors' Report for the year ended 31 December 2014



Niamh Duffy, Young Carer of the year 2013 speaking at the Launch of National Carers Week, June 2014.



The launch of the "Jointly" App for Family Carers, May 2014.

Directors' Report for the year ended 31 December 2014



8th National Carers Week, Photoshoot, May 2014.

2014 in Figures

- 152 Number of events for Family Carers as part of National Carers Week 9–15 June
- 1,285 Downloads of Caring in Ireland publication during 2014
- 8,657 National Carers Week Facebook followers on 31 December 2014
- 58,060 Number of downloads from our website
- 8,459 Number of Unique Users of www.carealliance.ie
- 8 Number of meetings of the Board of Directors
- 14 Number of Policies reviewed by the Board.

Directors' Report for the year ended 31 December 2014

2014 by Dates

- 28 January First Board Meeting of the year
- 17 February First Planning Meeting for Eighth National Carers Week.
- 1 April Final Meeting of Strategy Development Working Group.
- 9 15 June National Carers Week
- 30 June Received news of successful funding bid under the Scheme to Support National Voluntary Organisations.
- 11 August Publication of TOYAC Young Adult Carers booklet.
- 16 September AGM, with five new Directors appointed.
- 1 October Multi Agency Pre-Budget press Conference.
- 18 November- Interviews for new Policy and Research Officer.

2014 by Feedback

Below is a selection of comments and feedback from members and allied organisations that have interacted with Care Alliance Ireland in 2014.

- "Brilliant, thanks, We will read this with great interest." (C.E.O, Carers Australia, on receipt of Care Alliance Literature Review on the Relationship between Family Carers and Home Care Support Workers).
- "Well done! I love the layout of the key findings. It's really clear & easy to read! The use of the logo and boxes in the conclusion of the main text are great too... Another publication there!" (Development Manager, Member Organisation)
- "Brilliant thank you so much for sharing." (CEO, Condition Specific Organisation and Member Organisation, on our sharing with them some governance templates)
- "Great joint working thanks" (CEO, Condition Specific Organisation and Member Organisation, on our joint pre-budget press statement and follow up media work)
- "Thank you for all your support over the years." (Manager, Leading Not For Profit Home Care provider)
- "I had not seen this, thank you for passing it along. I am definitely interested in reading this as we are in the processing of restructuring our Carer's Programme now. ." (Training Projects Coordinator, Member organisation, in response to Care Alliance sharing a new piece of research directly relevant to their work.)
- "This is fantastic, it is exactly the type of help we need. Thank you so much. You are always there to support us, I am very grateful." (Social Entrepreneur, Neurorehabilitation, on placing a link to a Carer Support Magazine on our National Carers Week Facebook page.)
- "Many thanks for passing this on to me. It's very useful to see findings from other studies related to ours. Also great that they are focusing on carer issues this year they may be able to help us raise awareness about the study." (Principal Investigator on Carer Research, leading University, in response to Care Alliance sharing research of possible interest to her in her work.)

Directors' Report for the year ended 31 December 2014

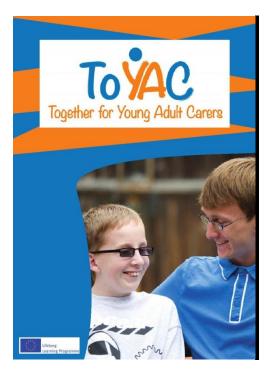
"Dear Care Alliance team, Thank you so much for helping me with the subtitling of the Young Carers video. Thanks to your support we will be able to share it with non-English speaking audience during our upcoming Carers Day and we will therefore contribute to raise awareness on the issue of young carers in Italy". (Project manager, Leading Italian NGO, in response to providing translation support regarding a UK video on Young Carers)

"That's brilliant info... I hadn't spotted that funding so I've sent off an application this morning! Thanks for the tip! Keep up the good work!" (Manager: Family Support Services, Condition-Specific Organisation and Member Organisation, on our sharing with them notification of respite funding opportunity from philantropic organisation.)

"Many thanks. With every good wish for success in your continuing and very vital strategic work on behalf of family Carers" (Community Work Manager, HSE, on sharing details of statutory services policy/service announcements).

Directors' Report for the year ended 31 December 2014

2014 by Publications



Care Alliance

> Strategic Plan 2014 -2017

'Guiding support for family carers'

TOYAC Booklet, published August 2014

Strategic Plan, Published July 2014.



Literature Review on Relationships between Family Carers and Home Care Support Workers, published November 2014.

Directors' Report for the year ended 31 December 2014

2014 in Quotes

"This piece of work, nearly two years in the making, is a major contribution to Family Carer research and in particular an aspect often overlooked – that is the triadic and often interdependent relationship between a paid home care worker, a client in need of support and the wider family. We look forward to building on this work into the future".

(25 November, 2014- Gerry McCaffrey, Chairperson, speaking on the launch of the Literature Review on the Relationship between family Carers and Paid Care Workers.)

"In the survey of over 170 family carers, 82% reported being impacted by cuts to home care packages over the past three years, 77% by cuts to respite services, and 70% by cuts to home help. Over one fifth of carers could not access any respite services. Another finding was that 42% of respondents had given up work to look after the person with a neurological condition, while 64% reported a significant fall in family income since the onset of the condition... It is clear from this survey that successive cuts to supports for Family Carers are creating a climate of worry, uncertainty and distress. This is very disappointing in the light of the publication in 2012 of the National Carers Strategy, which explicitly commits to valuing the role of Family Carers in Ireland. We know from the findings of previous surveys that other family members remain the most important source of support for Family Carers, taking up the slack as State supports are further reduced... This week we should focus on doing something for those that contribute so much to Irish society. Whether you just call in, make a meal, offer help and support or, if they are far away, give them a call to say 'you are doing something really important', there is a huge value in simply saying 'thank you'"

(Liam O'Sullivan, Executive Director, Care Alliance Ireland. As part of press release for National Carers Week, June 2014

2.3 Financial Review

The results for the year as set out on page 24 show net operating deficit of €647 for 2014 (2013 – surplus €668).

Our organisation's income for 2014 was €107,313 and our expenditure was €107,960. The results were a material change to the budget approved by the directors at the November 2013 board meeting, as significant additional income was received in the second half of 2014 under the Scheme to Support National Organisations in the Community & Voluntary Sector (SSNO).

After five years of reduced statutory funding to the organisation, 2014 marked a welcome turning point. We have been successful in securing a significant increase in funding from the SSNO Scheme (ϵ 42,390 in 2013 to ϵ 52,731 in 2014). Other sources of income during 2014 were largely stable, with the exception of National Carers Week, which experienced a significant reduction in sponsorship.

We continue to seek ways to diversify our income streams. Our two biggest funders in 2014 were the Department of the Environment, Community and Local Government (49%) and the Health Service Executive (22%). Other notable income in 2014 included National Lottery grants, Carers Week sponsorship, income for an EU Young Adult Carers project, an EU Online Carer Information project (Innovage), membership fees, and deposit interest. On the expenditure side, staff salaries were the biggest outlays (53%), followed by project expenditure (26%) and rent (4%).

Challenges remain as the sector continues to experience some further reductions in statutory income, as well as in philanthropic and public donations.

Directors' Report for the year ended 31 December 2014

Policies and procedures were reviewed and updated throughout the year, with a number of new policies approved.

2.3.1 Risk Management

The Board recognises and regularly reviews the major risks to which we could be exposed. We consider risk not only in terms of safety and security of staff but equally in terms of financial, operational, reputational, governance and other risks that might affect our ability to deliver a quality service for our stakeholders and the public benefit. The Directors are satisfied that policies and procedures are in place to mitigate exposure to major risks. In 2014, the risk register was reviewed and updated and following an independent health and safety assessment a new Safety Statement was prepared.

2.3.2 Reserves Policy

The Board of Directors has set a reserves policy that requires that reserves be maintained at a minimum of four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €34,662 at 31 December 2014 and this was in-sufficient to meet the four months' expenditure requirements of its reserves policy. The Directors note that whilst the current level of reserves (3 ½ months), is not strictly in keeping with the official policy, the policy itself remains adequate.

2.3.3 Investment Policy

The Board's policy is to keep all surplus cash in short-term deposits providing a market rate of interest.

2.4 Future Developments

Our 2014–2017 strategic plan has been developed following extensive consultation with key stakeholders. The resources available for its implementation will directly influence the scope and reach of the plan.

The plan seeks to prioritise the following areas of action;

- Providing a united voice for, and strengthening the impact and relevance of, Family Caring organisations in Ireland.
- Providing up-to-date, relevant information to our members in a timely and accessible manner.
- Supporting primary and applied research on Family Caring and the role of Family Carers.
- Building the profile and raising awareness of Care Alliance Ireland.
- Ensuring we have the capacity and resources to progress strategic priorities.
- Supporting member organisations and international alliances.

2.5 Structure, Governance and Management

We are registered as a charitable company limited by guarantee. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance is constituted under a Memorandum and Articles of Association and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

The Board of Directors, elected and co-opted under the terms of the Articles of Association, has overall responsibility for strategic development, in close liaison with the Executive Director. Dr Gerry McCaffrey is the Board Chairperson, Fergus O'Rourke is the Board Treasurer and Avril Dooley is the Company Secretary. Liam O'Sullivan, the Executive Director, manages the operations. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises nine non-executive Directors. The Board's Directors are drawn from diverse backgrounds in not-for-profit organisations, business and other professions. They bring to Board deliberations the significant business and decision-making skills

Directors' Report for the year ended 31 December 2014

developed in their respective fields, together with a broad range of experience and views. The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance and they believe that this is a key element in ensuring the proper operation of Care Alliance's activities. At its November 2013 meeting, the Board formally adopted the Governance Code for Community, Voluntary and Charitable Organisations. In line with the compliance requirements of the Governance Code the Directors wish to make the following confirming statement:

"We comply with the Governance Code for Community, Voluntary and Charitable Organisations in Ireland. We confirm that a review of our organisation's compliance with the principles in the Code was conducted in October 2014. This review was based on an assessment of our organisational practice against the recommended actions for each principle. The review sets out actions and completion dates for any issues that the assessment identifies as needing to be addressed."

There is clear division of responsibility, with the Board retaining control of major decisions under a formal schedule of matters reserved to the Board for decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. Care Alliance has a comprehensive process for reporting management information to the Board. The Board meets regularly, as required, and met eight times during 2014. On appointment, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. All Directors are appointed for a six year term and a proportion offer themselves for re-election by rotation at the AGM annually.

Fergus O'Rourke, who has the relevant experience and skills to strengthen the Board, was identified and co-opted by the Board in March 2014. At the AGM, held in September 2014, he was elected to the Board by the members. Jimmy Duggan, Rosemary Daynes, Ann Walsh and Deirdre Shanagher were all nominated to the board by member organisations at the September AGM, and were all duly elected. Board attendance averaged 75% over the course of 2014.

In June one of our board members, Dr Geraldine Fennell passed away. Her passion for Family Carers rights was evident to all who met her and her legacy will continue into the future with the Carolan Research Institute. A number of other directors resigned in 2014, as their term of office ended; namely Marie Lynch, Paula Lane, Robin Webster, Geraldine Clarke and Ann Kavanagh. Each of them made a significant contribution to our organisation over the years and we express our gratitude to them.

Our Patron, Dr. Maeve Hillery passed away in early 2015. Dr Hillery was involved in our organisation since its inception in 1995 and her wisdom and insight was so valuable over the years.

Directors' Report for the year ended 31 December 2014

Board Attendance Rates 2014

Name	Jan 2014	Feb 2014	March 2014	June 2014	July 2014	Sept A 2014	Sept B 2014	Nov 2014	Att.	Max Possible in 2014	% in 2014
G Fennell	0	0	0							3	0%
J. Duggan							0	0	0	2	0%
A. Walsh							0	1	1	2	50%
D. Shanagher							1	1	2	2	100%
R. Dawynes							1	0	1	2	50%
A. Dooley	1	0	1	0	1	1	1	0	5	8	63%
G. McCaffrey	1	1	1	1	1	1	1	1	8	8	100%
N. Kirrane	1	1	1	1	1	0	1	0	6	8	75%
D. Maguire	1	0	0	0	1	1	1	1	5	8	63%
C. Duffy	1	1	1	1	1	1	1	1	8	8	100%
F. O'Rourke		1	1	1	1	1	1	1	7	7	100%
M. Lynch	1	1	0	1	1	1			5	6	83%
A. Kavanagh	1	1	1	1	1	1			6	6	100%
G. Clarke	1	1	0	1	1	1			5	6	83%
R. Webster	0	0	0	1	1	1			3	6	50%
P. Lane	0								0	1	0%
Attendance	8	7	6	8	10	9	8	6	62	83	75%

Board sub-committees are established for good governance practice. We have one board sub-committee, namely the Audit and Risk Committee. The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment, borrowing and outlay of all monies required. The duties of the Audit and Risk Committee are approved by the Board. The sub-committee met twice in 2014.

Directors' Report for the year ended 31 December 2014

2.6 Directors' Responsibilities Statement

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Irish company law requires the directors to prepare financial statements for each financial year. Under the law, the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice (Irish GAAP) giving a true and fair view of the state of affairs of the charitable company and the profit or loss of the charitable company for each financial year. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fiar view of the assets, liabilities and financial position of the charitable company as at the financial year end date and of the profit or loss of the charitable company for the financial year and otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards;
- Prepare the financial statements on the going concern basis unless it is inappropriate to do presume that the charitable company will continue in operation.

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company, enable at any time the assets liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy, enable them to ensure that the financial statements and directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Provision of Information to Independent Auditor

Each of the persons who is a director at the time when this Directors' Report is approved has confirmed that:

- As far as that Director is aware, there is no relevant audit information of which the charitable company's auditors are unaware, and
- That the Directors have taken all the steps that ought to have been taken as Directors in order to be aware of any information needed by the charitable company's auditors in connection with preparing their report and to establish that the charitable company's auditors are aware of that information.

Declaration of Interests

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all directors are invited to declare any conflicts of interests in respect of agenda items.

Directors' Report for the year ended 31 December 2014

Thanks

We are very grateful to all our donors for their continued and new support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of the Environment Community and Local Government, the Health Service Executive, the National Lottery, the European Commission. We also thank the Carmichael Centre for their continued support and specifically for the provision of mentoring and shared premises.

Accounting Records

The Directors acknowledge their responsibilities under Sections 281 to 285 of the Companies Act 2014 to keep adequate accounting records for the chaitable company.

Independent Auditor

In accordance with Section 383 (2) of the Companies Act 2014, the auditors, Duignan Carthy O'Neill will continue in office.

This report was approved by the Directors on:

Gerard McCaffrey
Director

Fergus O'Rourke
Director

Date: 22 July 2015

Independent Auditors' Report to the members of Care Alliance Ireland

We have audited the financial statements of Care Alliance Ireland for the year ended 31 December 2014 on pages 24 to 33, which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes. These financial statements have been prepared under the accounting policies set out on page 27 - 28. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council and promulgated by Chartered Accountants Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Directors' Responsibilities Statement the directors are responsible for the preparation of financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). These standards require us to comply with the Auditing Practice Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the directors report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion

In our opinion, the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31 December 2014 and of its deficit for the year then ended: and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Matters on which we are required to report by the Companies Act 2014

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit;
- In our opinion the accounting records of the company were sufficient to permit the financial statemetrs to be readily and properly audited.
- The financial statements are in agreement with the accounting records;
- In our opinion, the information given in the directors' report is consistent with the financial statements.

Independent Auditors' Report to the members of Care Alliance Ireland Continued.....

Matters on which we are required to report by exception

We have nothing to report in respect of the provision in the Companies Act 2014 which require us to report to you if, in our opinion the disclosures of directors' remuneration and transactions specified by law are not made.

Liam McQuaid for and on behalf of Duignan Carthy O'Neill Chartered Accountants

Registered Auditors

84, Northumberland Road Dublin 4 Ireland

Date:

23/7/2015

Statement of Financial Activities for the year ended 31 December 2014

Income and Expenditure

Incoming Resources		Restricted Funds 2014	Unrestricted Funds 2014	Designated Funds 2014	Total Funds 2014	Total Funds 2013
	Notes	€	€	€	€	€
Corporation & Grant Funding	1.6	76,707	_	-	76,707	66,365
Membership Fees		-	1,550	-	1,550	1,750
Projects	1.6	26,538	-	-	26,538	40,651
Other Income		1,850	-	-	1,850	4,050
Total Incoming Resources		105,095	1,550		106,645	112,816
Resources Expended						
Projects	2	20,394	_	-	20,394	35,957
Depreciation		-	371	-	371	469
Legal, Professional, Administration & Employment Costs	2	78,691	2,768	-	81,459	76,309
Research & Evaluation		5,736	-	-	5,736	1,600
Total Resources Expended		(104,821)	(3,139)	-	(107,960)	(114,335)
(Deficit)/surplus on ordinary						
activities before interest Interest receivable		274	(1,589)	-	(1,315)	(1,519)
and similar income			668		668	2,187
(Deficit)/surplus for the year	3	274	(921)	-	(647)	668
(Deficit)/surplus retained for the year	r 11	274	(921)	-	(647)	668

All activities are in respect of continuing operations.

There are no recognised gains or losses other than the results for the above two financial years.

The financial statements were approved by the Board of Directors on 22 July 2015 and signed on its behalf by:

Gerard Mc Caffrey

Director

Fergus O'Rourke

Director

A Company Limited by Guarantee and not having a Share Capital

Balance Sheet as at 31 December 2014

			2014		2013
	Notes		€		€
Fixed Assets					
Tangible assets	6		-		371
Current Assets					
Debtors	7	3,544		-	
Cash at bank and in hand	8	40,159		51,517	
		43,703		51,517	
Creditors: amounts falling					
due within one year	9	(9,041)	_	(16,579)	
Net Current Assets			34,662		34,938
Total Assets Less Current		_		_	
Liabilities		=	34,662	=	35,309
~					
Capital and Reserves					
Unrestricted Funds	10	_	34,662	_	35,309
Funds	11	_	34,662	_	35,309
		_			

The financial statements were approved by the Board of Directors on 22 July 2015 and signed on its behalf by:

Gerard McCaffrey

Director

Fergus O'Rourke

Director

Cash Flow Statement for the year ended 31 December 2014

	2014	2013
	€	€
Reconciliation of operating (Deficit)/surplus to net		
cash (outflow)/ inflow from charitable activities		
Operating (Deficit)/surplus	(647)	668
Depreciation	371	469
(Increase) / Decrease in debtors	(3,544)	3,405
(Decrease) / Increase in creditors	(7,538)	(30,712)
Net cash (outflow)/ inflow from charitable activities	(11,358)	(26,170)
Cash Flow Statement		
(Decrease)/ Increase in cash in the year	(11,358)	(26,170)
Reconciliation of net cash flow to movement in net debt (Note 14)		
(Decrease)/ Increase in cash in the year	(11,358)	(26,170)
Net funds at 1 January 2014	51,517	77,687
Net funds at 31 December 2014	40,159	51,517

Notes to the Financial Statements for the year ended 31 December 2014

1. Accounting Policies

1.1. Basis of preparation of financial statements

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (Amended 2008). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Accounting Standards Board.

1.2. Tangible fixed assets and depreciation

All tangible fixed assets are recorded at historic cost.

Office Equipment - 20% Straight Line
Computer Equipment - 25% Straight Line
Furniture & Fittings - 20% Straight Line

1.3. Reserves

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which requires that reserves be maintained at a minimum of 4 month's expenditure based on the previous year's audited accounts.

1.4. Pensions

Pension benefits for employees are met by payments to Executive Pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Income and Expenditure account over the employees' service lives on the basis of a constant percentage of earnings. The assets of the fund are held separately from the company in independently administered funds.

1.5. Taxation

The company is exempt from taxation due to its charitable status.

Notes to the Financial Statements for the year ended 31 December 2014

..... continued

1.6. Incoming Resources

Income represents the total of grants, donations and fundraising activities related to the year.

Income is received in cash by way of donations, gifts, grants and fund-raising events. Cash donations, gifts, and grants are included in full in the Statement of Financial Activities as soon as they are received. Cash collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.

2013
€
23,975
42,390
66,365
2013
€
8,000
32,651
-
40,651

Expenditure

All expenditure is charged in the period to which it relates.

Notes to the Financial Statements for the year ended 31 December 2014

2014

2013

..... continued

2. Resources Expended

This includes:

Included in resources expended are wages, salaries and pension costs comprising:

	Project Expenditure	€	€
	1 1 0 J 0 0 0 1 2 1 1 p 0 1 4 1 1 0 1		t
	TOYAC Project	3,857	2,229
	Carers Week	9,330	27,664
	Newsletters	1,800	1,526
	Seminars & Conferences	-	170
	Publications	3,360	2,925
	Computer Costs	2,047	1,443
	Total Project Expenditure	20,394	35,957
	Legal, Professional, Administration & Employment Costs		
	Wages & Salaries	48,738	43,601
	Employer's PRSI Contributions	4,947	4,087
	Staff Pension Costs	2,527	2,180
	Staff Recruitment	921	· -
	Board Development & Governance	140	300
	Meetings	1,254	1,443
	Rent	4,124	5,665
	Insurance	588	782
	HR Partnership Programme	1,150	1,151
	Printing, Postage & Stationery	1,942	2,910
	Telephone & Fax	1,893	1,775
	Unplanned Project Expenses	1,053	3,033
	Travelling & Subsistence	1,237	963
	Consultancy	3,550	400
	Accountancy & Payroll Fees	2,684	2,684
	Bank Charges	334	309
	Staff Development	272	435
	Sundry Expenses	417	859
	Subscriptions	740	965
	Innovage - subcontracting	180	<u> </u>
	Total Legal, Professional, Administration & Employment Costs	78,691	73,541
3.	(Deficit)/surplus for the year	2014	2013
	•	€	€
	Operating (Deficit)/surplus is stated after charging:		
	Depreciation of tangible assets	371	469
	Auditors' remuneration	2,768	2,768

Notes to the Financial Statements for the year ended 31 December 2014

..... continued

4. Employees Number of employees

The average monthly numbers of employees (excluding the directors) during the year were:

	2014 Number	2013 Number
All employees	2	2
Employment costs	2014 €	2013 €
Wages and salaries	48,738	43,601
Social welfare costs Pension costs (5-6% of salary)	4,947 2,527	4,087 2,180
	56,212	49,868

Director's salary for 2014 was €Nil (2013 : €Nil).

The Executive Director was paid a whole time equivalent salary of €59,362 (€35,617 based on a 3 day week in 2014) in 2014 and employer's pension contribution of 5-6% of salary. No other staff member was in receipt of a whole time equivalent salary in excess of €36,600 in 2014.

There were no employees whose salary was in excess of €70,000.

5. Pension costs

Notes to the Financial Statements for the year ended 31 December 2014

..... continued

6.	Tangible assets				
		Fixtures, Furniture	Office	Computer	
			Equipment	Equipment	Total
	_	€	€	€	€
	Cost At 1 January 2014 Additions	896	89	2,252	3,237
	At 31 December 2014	896	89	2,252	3,237
	Depreciation At 1 January 2014	896	80	1,890	2,866
	Charge for the year		9	362	371
	At 31 December 2014	896	89	2,252	3,237
	Net book values At 31 December 2014	<u> </u>			_
	At 31 December 2013	-	9	362	371
7.	Debtors: amounts falling due within or	ne year		2014 €	2013 €
	Prepayments and accrued income		=	3,544	
8.	Cash at Bank and in Hand			2014 €	2013 €
	Current Account Deposit Accounts			22,246 17,913	4,271 47,246
			_	40,159	51,517
			=		

Notes to the Financial Statements for the year ended 31 December 2014

..... continued

9.	Creditors: amounts falling due	2014	2013
	within one year	€	€
	Trade creditors	=	480
	Other taxes and social security costs	(9)	2,901
	Accruals & Deferred Income	9,050	13,198
		9,041	16,579
	Other taxes and social security costs include:		
	PAYE & PRSI	(9)	2,901

10. Reserves

The Board of Directors have set a reserves policy which requires that reserves be maintained at a minimum of 4 month's expenditure based on the previous year's audited accounts.

The Centre had reserves of €34,662 at 31 December 2014 and this was not sufficient to meet the 4 month's expenditure requirements of it's reserve policy.

11. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	Opening		Closing
	(Deficit)/Surplus		(Deficit)/Surplus
	01/01/14	2014	31/12/14
	€	€	€
Unrestricted Funds	35,309	(647)	34,662
	35,309	(647)	34,662

12. Capital commitments

The company had no capital commitments at 31 December 2014.

13. Ultimate parent undertaking

The company is controlled by its Members and the Board of Directors.

Notes to the Financial Statements for the year ended 31 December 2014

..... continued

14. Analysis of changes in net funds

	Opening balance	Cash flows	Closing balance
	€	€	€
Cash at bank and in hand	51,517	(11,358)	40,159
Net funds	51,517	(11,358)	40,159

15. Approval of financial statements

The financial statements were approved by the Board of Directors on 22 July 2015 and signed on its behalf by:

Gerard McCaffrey

Director

Fergus O'Rourke

Director

Detailed Trading Income and Expenditure Account and Expenses Schedule for the year ended 31 December 2014

	2014 € € €		2013 €		
€	€	€	€		
Incoming Resources					
HSE Grant Funding	2	3,976		23,976	
Dept. of the Environment, Community & Local Government	nent 5	2,731		42,390	
Membership Fees		1,550		1,750	
ToYAC Project		6,000		8,000	
National Lottery/ Young Carers Seminar		3,250		-	
Carers Week		7,288		32,651	
Other Income		1,850		4,050	
	10	6,645	=	112,816	
Resources Expended					
Wages and salaries 48,7	38		43,601		
Employer's PRSI contributions 4,9	47		4,087		
Staff pension costs 2,5	27		2,180		
Staff Recruitment 9	21		-		
Board Development & Governance	40		300		
Meetings 1,2	54		1,443		
Rent 4,1	24		5,665		
Insurance 5	88		782		
e e	80		-		
HR Partnership Programme 1,1	50		1,151		
Printing, postage and stationery 1,9	42		2,910		
Newsletters 1,8	00		1,526		
Seminars & Conferences	-		170		
Publications 3,3	60		2,925		
Telephone and fax 1,8	93		1,775		
Computer costs 2,0			1,443		
Unplanned Project Expenses 1,0			3,033		
ToYAC Project 3,8			2,229		
Carers Week 9,3			27,664		
Travelling and subsistence 1,2			963		
Research & Evaluation 5,7			1,600		
Consultancy 3,5			400		
Accountancy & Payroll fees 2,6			2,684		
Audit fees 2,7			2,768		
e	34		309		
1	72		435		
7 1	17		859		
1	40		965		
1 11	62		461		
Depreciation on Office Equipment	9	_	8		
	(10	7,960)	_	(114,336)	
	(1,315)		(1,520)	

Detailed Trading Income and Expenditure Account and Expenses Schedule for the year ended 31 December 2014

	20	14	2013		
	€	€	€	€	
Bank deposit interest		668		2,187	
			668		2,187
Net (Deficit)/surplus for the year			(647)		667