

Supports for those Affected by Strokes

Irish Heart Foundation

www.irishheart.ie

The Irish Heart Foundation recently launched a new online forum for stroke. The forum is aimed at stroke survivors and their family and friends who do not have access to a stroke support group but would like to chat with others and share their experiences. See <http://www.stroke.ie/strokeforum/>

Volunteer Stroke Scheme

<http://www.strokescheme.ie/>

A Counselling Service has been set up by The Volunteer Stroke Scheme and is available Free of Charge to our members and their families. For further information, please contact the office by phone 01-4559036 or email lyons.bridie@yahoo.com

A new support group has been set up in Cashel and is open to Family Carers

BRI

<http://www.briireland.ie/>

BRI (Independent brain injury support and advocacy) also run support groups for people affected by Brain Injury. Family Carers are active part of **some** of the groups. Call 01 235 5127 for details of local support groups.