

Getting Support with Completing Application Forms

Staff and Volunteers in your local Citizens Information Centre are experienced in supporting people to complete social welfare forms. The service is free and confidential.

Specifically, they should be able to help you as a carer understand the eligibility criteria and if necessary complete The Carer's Allowance, Carer's Benefit and Respite Care Grant application forms. They can also print off these application forms from a computer in their offices.

The contact details for the local centres and their opening hours are below;

If you are unable to go to the centre you can phone the Citizens Information Phone Service to get support over the phone on LoCall (1890 777 121, Mon to Fri, 9am - 9pm)

South Tipperary

See <http://centres.citizensinformation.ie/county.php?county=tipperary>

Clonmel CIC

Address: Market Place, Clonmel **Email:** clonmel@citinfo.ie **Tel:** 0761 076460

Opening Hours: Mon – Fri 10am – 4pm Late night Wed and Thurs from 7pm – 9pm

Thurles CIC

Address: 34/35 Croke Street, Thurles **Email:** thurles@citinfo.ie **Tel:** 0761 076510

Opening Hours: Mon–Fri 10am – 1pm & 2pm – 4pm Late Night Thurs 7.30pm – 8.30pm

Tipperary Town CIC

Address: Community Centre, St. Michael Street. **Email:** tipperary@citinfo.ie

Tel: 0761 076540

Opening Hours: Mon, Tues, Thurs 10am – 3pm; Wed 10.30am – 12.30pm
Fri 10am – 2.30pm