

Family Carer Training Courses - July 2010

Note all these courses are specifically aimed at Unpaid/Family Carers

This spreadsheet is updated regularly by Care Alliance Ireland. Please advise of changes/inaccuracies to ndo@carealliance.ie

Name of Group	Acquired Brain Injury Ireland	The Alzheimer Society of Ireland	Caring for Carers Ireland	The Carers Association
Name	Una Kinane(Carol Rogan)	Anne Mescal	Pat Shannon	Sharon Deering
Position	BRAIN AWARE Project Co-Ordinator/(Training Manager)	Training Manager	Head of Services	Training Manager
Address	43 Northumberland Avenue, Dunlaoghaire, Co Dublin	National Office: Temple Road, Blackrock, Co Dublin	National Office, Carmody Street Business Park, Ennis, Co Clare	Market Square, Tullamore, Co Offaly
Phone	01-2804164 ext 207/(206)	01-2073803,	065-6866515	057-9322920
Mobile	087 -2578235/(087 905 9634)			086-8099446
Email	ukinane@abiireland.ie / crogan@abiireland.ie	amescal@alzheimer.ie	ps Shannon@caringforcarers.org	training@carersireland.com
Web	www.abiireland.ie	www.alzheimer.ie		www.carersireland.com
Project Summary	Nationwide Programme - Introduction to Acquired Brain Injury, How Families cope with ABI, Meaningful everyday routines and achieving a meaningful life, Health Promotion and wellbeing of Carers, Emotional and Behavioural Challenges following ABI, Communication and the challenges after ABI, Attention and memory difficulties after ABI, Children and ABI.	Nationwide programme, Understanding Dementia, Changing Relationships, Communication, Understanding Behaviour, Engaging in Life Activities, Personal Care, Looking after yourself as carer, and Accessing Support and Information	Caring for Carers Ireland under the Pobal training for Carers measure has been providing training to a number of Carers Groups throughout Ireland. Training is currently being provided to 19 groups with courses in a variety of areas including Caring in the home, Infection control, Computers, Personal Development, Stress management, Arts and Crafts, Dancing, Therapeutic handcare, First Aid, manual Handling, Risk Management. Over 1000 Carers received training during 2009	Nationwide Programme - Provided Certified Training Through City & Guilds Care in the Home Training Course & FETAC Level 5 Practical Home Care Skills Training Course. These courses cover sessions on rights and entitlements, nutrition, infection prevention, safety in the home, communication skills, dementia awareness, coping with bereavement loss and terminal illness to name but a few examples. Provide other relevant training and information such as Patient Moving & Handling Training, Stress Management Workshops and topic specific workshops which relate to needs as identified by Carers. An online learning personal development initiative will also be piloted.
Number and Length of Sessions (6 weekly 2 hr sessions etc.)	6 x weekday morning sessions; 9.30am to 1pm	4 weekly 3 hour sessions mornings and evenings in different locations nationally		City & Guilds Care in the Home Training = 10 x 3hour sessions plus 1 day of Patient Moving & Handling Training. FETAC Level 5 Practical Home Care Skills Training = 14 x 3 hour sessions plus one day of Patient Moving & Handling Training. Stress Management Workshops = 1 day workshop. Other Workshops = 3 hour sessions
1-2-1 Follow Up Support - (Phone/In Centre/At Home)	Follow-on Carer Network meeting organised when the Programme concludes. Where appropriate/feasible, Individual follow-up support provided on a case-by-case basis. Many participants would be already accessing ABI Ireland services so we may be supporting them anyway.	Many already receiving home care and day care services. Participants informed of Helpline, and local services including local support groups	Participants informed of Helpline, and local services including local support groups	All Carers trained are referred to our Centres for ongoing support. One to one support is offered where it is required as well as referral to other appropriate services or supports.
Other Useful Details (eg Access to Home based respite care when carer is out at training, Facilitate linking in with Carer Support group, Access to Respite Care, etc)	Respite funds available to enable Carer to attend Training-this is assessed on a case-by-case basis; opportunity to link in with BRI Ireland and/or Headway Support Groups. Follow-on Carer Network meeting facilitated by ABI Ireland staff when the programme concludes.	Respite funds available to enable Carers to attend Training; this is assessed on a case-by-case basis; Follow-on Carer meetings facilitated by ASI staff when the courses end	Follow-on Carer meetings facilitated by ASI staff when the courses end	Linking Carers into support groups, other training, other support services as required

Name of Group	Rosses Community Development Project	Rural Community Care Network	Shine	Sliabh Luachra Local Development
Name	Norah Cullinan Breslin	Colette Ryan	Patricia Seager	Margaret Daly
Position	Project Manager	General Manager	Project Manager	Project Manager
Address	An Sean Teac, Gweedore Rd, Dungloe, Co. Donegal	The Health Centre, Knockainey Road, Hospital, Co Limerick	38 Blessington Street, Dublin 7	The Island Centre, Main Street, Castle Island, Co Kerry
Phone	074 9561686	064 383644	18601620	066 7142576
Mobile			087 2906811	
Email	rossescdp@eircom.net		pseager@shineonline.ie	magaretdaly@eircom.net
Web			www.shineonline.ie	
Project Summary	Dungloe, Co Donegal - Occupational First Aid, Stress Management, Healing Therapy, reflexology	Limerick and North Cork - First Aid, Coping skills, Coping with incontinence, Dementia awareness, care of the dependent person, manual handling and patient moving, relaxation therapies	To run the Family Education Training For Carers, Prospect Training For Carers & Recovery & the Family. Training will be peer led	Castleisland, Co Kerry - Care in the home, Communication and listening skills, osteoporosis, first aid, stress management, bereavement supports, personal development, brain injury and money management
Number and Length of Sessions (6 weekly 2 hr sessions etc.)				
1-2-1 Follow Up Support - (Phone/In Centre/At Home)				
Other Useful Details (eg Access to Home based respite care when carer is out at training, Facilitate linking in with Carer Support group, Access to Respite Care, etc)				Current training programme completed. Plans underway to run new programme in Autumn 2010

Name of Group	Tacu Ballinrobe Family Resource Centre Ltd.	Crosscare	IRD Duhallow	Leitrim Integrated Development Company
Name	Mary Jackson	Nora Kirrane	Trina Murphy	Bernie Donoghue
Position	Manager	Project Leader	Manager	Manager
Address	Glebe Street, Ballinrobe, Co. Mayo	Crosscare Carer Support Programme, Clonliffe College, Dublin 3	James O' Keffe Institute, Newmarket, Co Cork	Church Street, Drumshanbo, Co Leitrim.
Phone	094 9542908	01-8360011	029 60633	071-9641740
Mobile		086 8270032		
Email	ballinrobefrcmaryj@eircom.net	nkirkane@crosscare.ie	duhallow@eircom.net	clpmo@eircom.net
Web		www.crosscare.ie		
Project Summary	Training for eight Traveller women in stress management, personal care, practical home care skills, arts and crafts, manual handling, first aid.	Open University Course- Health & Social Care, Nutrition, Back care & Safe Lifting, Personal Development, Sexuality & Loss, Massage & Aromatherapy, Yoga	Boherbue - Care in the home course, Inanimate patient and manual handling, occupational first aid, caring for children with special needs, personal development course, Stress management, dependent adult training, entitlements for Carers	To run two Care in the Home courses
Number and Length of Sessions (6 weekly 2 hr sessions etc.)	Course began in May 2009 - May 2011 Sessions take place once a week	Course begins October 2010 – June 2011 Study from home & 4/5 tutorials in central base Nutrition 1 Session 1 ½ hrs		
1-2-1 Follow Up Support - (Phone/In Centre/At Home)	All Carers receive ongoing support from Manager.	Carers are linked into support, respite and education services.		
Other Useful Details (eg Access to Home based respite care when carer is out at training, Facilitate linking in with Carer Support group, Access to Respite Care, etc)	Family summer scheme for all family members.	Financial contribution available for Carer to put towards respite they organise while attending courses – subject to availability.		

Name of Group	ExtraCare	Mental Health Ireland	Open University of Ireland	Health Training United Care
Name	Rhona Morgan (Veronica Quigley)	Nicola Morley (Galway). Ted Tierney (Dublin)	Helen Evans	Betty Barry
Position	Service Manager (Assistant Services Manager)	Development Officer (Nicola) Ted (Deputy CEO)	Senior Lecturer	Director
Address	Second Floor, Unit 9, Greenhills Road, Greenhills Industrial Village, Drogheda, Co Louth.	St. Brigids Hospital, Ballinasloe, Co Galway	Faculty of Health and Social Care, The Open University in Ireland	Quaker House, StockingLane, Rathfarnham, D16
Phone	041-9810447	Dublin - Ted - 01 -2841166 Galway - Nicola 086 3837607	01-678 5399, ext. 72142	01-4069524
Mobile			00 44 788 0826 764	087 228 5286
Email	rhona.morgan@extra-care.org (veronica.quigley@extra-care.org)	nicolamhi@gmail.com/ (ted@mentalhealthireland.ie)	M.H.Evans@open.ac.uk	bihealthtraining@eircom.net
Web	www.extra-care.ie	www.mentalhealthireland.ie	www.open.ac.uk	http://www.healthtrainingunitedcare.ie/
Project Summary	Providing Family Carer training tailored to the individual carers needs. This training is provided in the carers own home. The service at present covers the Drogheda and surrounding areas.	Dublin and Galway - To Run Stress Management programme for Carers and Looking After Your Mental Health Training for Carers	Providing HETAC Level 6 course Understanding Health and Social Care for Crosscare	Providing Fetac Level 5 Training for Health Care workers and Family Carers in Rathfarnham and Ballymun. Modules include Practical Home Care Skills Training, Manual Handling, CPR, Care Support, Care Health and Safety at Work, Communication, Work Experience, Care of the Older Person, Infection Control, Human Growth and Development.
Number and Length of Sessions (6 weekly 2 hr sessions etc.)	The length of training is dependant on what the carer has requested the training on.			Varies - for example Practical Home Care Skills Module delivered full time over 5 days. Other modules vary - eg 2 modules can be completed over 2 hours 1 evening per week for 16 weeks.
1-2-1 Follow Up Support - (Phone/In Centre/At Home)				Post course phone based advise as necessary. Refresher courses available.
Other Useful Details (eg Access to Home based respite care when carer is out at training, Facilitate linking in with Carer Support group, Access to Respite Care, etc)	All training will be based in the carer's own home.			Trainers are community nurses.